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THURSDAY JULY 18TH, 2019

**Drug gangs target vulnerable
young people. See Page 3.**

**Stand to! Brekker for Barry Veterans
Group. See Page 5.**

Christmas came early for Gavin and Stacey fans...

HUNDREDS of fans descended on Barry Island and Trinity Street in the town last weekend as the stars of Gavin and Stacey arrived to start filming the Christmas show.

Filming of the series last took place in 2010 and excitement has been building since it was announced in May that there would be a one-hour special in December. There had been speculation in the town early last week that filming was going to start on the Island on July 12 because a road closure had been arranged at Paget Road – and that evening fans were thrilled to be greeted by James Corden when he arrived.

He was welcomed by Marco Zeraschi, who owns Marco's, a café on the Island sea front where scenes were filmed overnight with Joanna Page who plays Stacey and Matthew Horne who plays Gavin.

Filming also took place in Trinity Street



Christmas in July? Marco's cafe bedecked for the Gavin and Stacey special.

over the weekend with Rob Brydon, Alison co-creators James again and bringing the large crowds getting Steadman and Melanie Corden and Ruth Jones, characters back together glimpses of stars Ruth Walters. said: "We've loved revis- has been a joy. We're so more and to give fans of the show a festive treat."

Jones, Larry Lamb, In a statement, iting Barry and Essex excited to get the chance

New primary school for Cowbridge

A £4.1 MILLION primary school building will be built to serve Cowbridge.

St David's Church in Wales Primary School in Colwinston will move to a new building and expand from 140 to 210 places after the Vale Council approved the plans on July 15.

The two-storey school building, which would open in September 2021, would be built on the existing school's grounds. The current school buildings will be demolished.

A new school is being built as the current buildings are in a poor condition and the school needs to expand to serve growing demand from Cowbridge.

A total of 475 new homes are in the pipeline for land north west of Darren Close in Cowbridge – which are expected to bring 48 nursery, 132 primary and 118 secondary school pupils to the area.

The new St David's CIW Primary building will be funded jointly by the council and Welsh Government as part of the 21st Century Schools programme.

Matt Discombe,
Local Democracy Reporter

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Infrastructure incompetence

THOUSANDS of new homes have been built in the Vale in recent years and many more are planned. Yet the Vale Council and the Welsh Government have shown spectacular incompetence in not improving the highway infrastructure serving the area. The 40-minute crawl from Barry to Culverhouse Cross on weekday mornings and gridlock through Dinas Powys bear testament to this negligence. How on earth do they expect to attract new investment by ignoring this problem? Instead, they tick boxes by constructing a cycle path on the Port Road that is little used. Most cyclists continue to use the main road. Yes, the Five Mile Lane improvement will be welcome, but rather like applying a sticking plaster to a severed artery.

Derek Hooper,
Culverhouse Cross.

Welsh Assembly 'more democratic than Westminster'

THERE have been a lot of anti-Assembly letters published in The GEM recently.

I feel that Wales has only benefited from having its own government. Devolution has meant

that decisions about life in Wales have been made in Wales. We have proportional representation and the current Government is looking to extend the franchise. The Assembly is far more democratic than Westminster.

Tracy Martel, Barry.

College Fields celebrates 30th anniversary



Mike and Rachel Kemp with Jane Hutt (centre)

VALE AM Jane Hutt joined the 30th anniversary of the opening of College Fields Care Home; Deputy Minister Julie Morgan also visited the home and meet residents and staff.

Mrs Hutt said: "It was such a great occasion to welcome Julie Morgan AM to College Fields Care Home, which is celebrating its 30th anniversary of dedicated professional care and commitment."

"I was delighted to join Mike and Rachel Kemp to make presentations to staff who have worked at the home over the past three decades, including a number who have been there for the full 30 years."

Readers' Letters

Please keep your letters BRIEF and address them to: **The Editor, at Glamorgan GEM Ltd, Graig House, 53 Eastgate, Cowbridge CF71 7EL or email editorial@glamorgan-gem.co.uk**

Letters and e-mails MUST include your FULL address, contact telephone number. We reserve the right to edit all letters. We do NOT accept anonymous mail.

Limes Cemetery controversy: Cowbridge mayor responds

AS many of you will know, there was an incident in the Limes Cemetery, Cowbridge last week when a number of memorials were draped in yellow plastic covers as an inspection, they were deemed to be in danger of falling.

On behalf of the Cowbridge with Llanblethian Town Council, I offer my unreserved apologies for the hurt and distress caused by the insensitive and inappropriate marking of memorials in

the Limes Cemetery which were deemed to be unsafe.

The Town Clerk, who is new in post, had attended a course on cemetery management and was following a procedure which turned out to be flawed. The council has a legal obligation to carry out safety checks on the memorials in its care and the risk assessment carried out by council staff was, in hindsight, overzealous.

The yellow covers used were designed for the purpose but were of an outdated design and have now been removed. Those memorials which may pose a risk will be clearly marked by means of a

label next to the memorial, and a comprehensive risk assessment will be carried out in due course.

Any affected owners will be contacted as soon as possible.

We will be amending our procedures to adequately meet our legal requirements and ensure that there is no adverse public distress when carrying out this process. We will also ensure that adequate notice is given of future inspections.

I can only reiterate my sincere apologies for the distress suffered by those affected.

Alec Trousdell,
Town Mayor, Cowbridge with Llanblethian Town Council.

A champion chippy receives award

O'Shea's has been recognised as an example of responsibility in the business community of Barry and the Vale because of a number of innovative projects it has championed.



O'SHEA'S Fish & Chip Café has been awarded the title of 2019 Responsible Business Champion for the Vale by Vale MP Alun Cairns.

The café will now go forward to the national competition run by the all-party Parliamentary Corporate Responsibility Group (APCRG), with owner Craig O'Shea being invited to a Parliamentary reception to celebrate constituency champions from across the UK. Mr Cairns chose O'Shea's as Champion for the Vale in recognition of their effort to be environmentally friendly, and support the community.

The Fish & Chip Café on Barry Island do not use any polystyrene

products and their packaging is fully recyclable and biodegradable. Mr Cairns is keen to highlight O'Shea's as an example of responsibility in the business community.

O'Shea's have played an active part in supporting the community, most recently on Christmas Day when they opened their doors to offer free food to those without families or a roof over their head. The café cooked a meal as well as providing hot drinks, blankets and mince pies.

Mr Cairns said: "I recognise that, while we want people to enjoy Barry Island and everything we have to offer, there must be consideration of the natural environment and the impact that we have on it. The Vale is fortunate

to have this beautiful area on our doorstep and it's vital that every effort is made to ensure that people do not contribute harm or damage to our wildlife.

"That's why I'm really encouraged by the efforts of O'Shea's to ensure that their packaging is fully recyclable and biodegradable; they do not use polystyrene because of the harm they cause to our seas, and in doing so set a fantastic example to the business community on Barry Island and across the Vale."

Owner Craig O'Shea commented: "Receiving this award is a real boost for the team and we hope that this will spread awareness about the importance of protecting environment on Barry Island."

Problems with pleas for trees

IWONDER if Liz Hayes (GEM Letters, July 11) actually read the Town Council's response in the article, and why she blames the council for not planting trees beats me.

The council questioned the felling of trees around Boverton; it opposed the building of swathes of houses and, as for the 'hundreds of places' to plant trees, they are more than likely owned by either the Vale Council or private owners.

Where does she think the money to plant all these trees will come from? Will it all be covered by grant aid? Who does she think will nurture and then maintain them, maybe for decades to come?

The council has indicated that it has asked for a planting and maintenance plan from Plant Llantwit to devise a way forward. Ms Hayes is probably aware

that we can't just plant a thousand trees and smugly walk away, so maybe she can help in that regard.

Planting trees on public land needs permission, which can take time and not everyone will agree with the popular view that we are in a dire emergency.

People have asked me the point of planting trees when Llantwit Major is rich in trees anyway and when the USA, Russia, China and India (to name just four) are filling the atmosphere with carbon. They ask if the impact on us here will make the slightest bit of difference unless there's a concerted global effort.

By the way, if Ms Hayes wants the council to march to her drumbeat, I look forward to her nomination for councillor next time around, particularly if she's not happy with the environmental dunces we have now.

Gerwyn Thomas,
Llantwit Major.

Return trip for T9 bus story

ICOULD not believe the Article in The GEM a fortnight ago highlighting the efforts of Government-owned Rhose Airport.

Are these the same people who send two empty buses trundling from Cardiff to Rhose every 20 minutes, day and night?

Are they electric buses or diesel?

The only direct bus from Llantwit to Cardiff and back is the NAT 303/304 service which goes via the Bay, yet I've never seen an Assembly Member on it.

For me to get to work in Leckwith, my choice is train and a long walk, NAT bus and Cardiff bus, which takes about three hours – or take the car and get stuck in heavy traffic.

Dai Griffiths,
Llantwit Major.

HIGH TIDE TIMES

The high tides listed in this week's Gem are those in Porthcawl. It should be remembered that along the coast, high tide times will vary. For instance, in Barry the high tide will be 20-25 minutes later.

UNTIL JULY 25

Date	Time	Height (metres)
18/07/2019	08.23	9.3
18/07/2019	20.38	9.6
19/07/2019	08.56	9.3
19/07/2019	21.14	9.4
20/07/2019	09.30	9.2
20/07/2019	21.47	9.1
21/07/2019	09.59	9.0
21/07/2019	22.21	8.9
22/07/2019	10.35	8.8
22/07/2019	22.54	8.7
23/07/2019	11.11	8.5
23/07/2019	23.32	8.4
24/07/2019	11.48	8.2
25/07/2019	00.16	8.1
25/07/2019	12.36	7.9

While the Gem makes every effort to check the accuracy of tide tables, we recommend that anyone putting out to sea, or walking in an area where they could be cut off, should check with a tide table specific to their location.

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All the fun of the fair at Ty Hafan's fun day

TY HAFAN, the children's hospice in Wales, is opening its gates to the general public and inviting the community to come and join staff and families at its Family Fun Day on Saturday, August 3.

Taking place in the grounds of the hospice in Hayes Road, Sully between 12 noon and 5pm, the circus-themed fun day will offer visitors a full programme of activities and entertainment, including a funfair and a circus skills workshop for the whole family to get involved in.

The public will also have the opportunity to see inside the doors of the hospice and join an organised tour of Ty Hafan to hear how the charity cares for life-limited children and their families and see, first-hand, the facilities on offer to them.

Tickets are £2 per person and admission is free for children under two. There are a limited number of tickets available



The fun afternoon at Ty Hafan promises to be very entertaining for all the family!

to purchase at the gate, but Ty Hafan is encouraging visitors to book their tickets in advance via the Ty Hafan website to avoid disappointment.

Organiser of the Ty Hafan Family Fun Day, Chloe Payne, said: "We're very excited to bring the circus to Ty Hafan this year, and have a spectacular line-up to look forward to. "Budding circus

performers and 'Greatest Showman' enthusiasts can try their hand at some circus skills at the brilliant 'Circus Sensible' workshop and can enjoy the return of the famous fairground onsite. "We're thrilled to welcome some new activities, local food specialists and entertainers this year, but we'll also be seeing some familiar faces like the 'Handcrafted

by Ty Hafan' stall, Family Fun Day — they've been running for over 10 years and it remains our pinnacle family event of the year. "We're urging everyone dig out their best circus attire and join us for an afternoon of fun, music and activity." Family Fun Day tickets can be purchased online by visiting: www.tyhafan.org/family-fun-day.

Drug gangs are targeting 'vulnerable young people'

DRUG gangs are targeting vulnerable young people in south Wales to act as runners and sell illicit substances, Cardiff Crown Court has heard.

An 18-year-old man said by Judge Nicola Jones "to have been used by others" was jailed for 19 months, suspended for 22 months and ordered to carry out 150 hours unpaid work.

Jerome Tannetta of South Road, Sully, who had no previous convictions, admitted possessing cocaine with intent.

He also pleaded guilty to taking a moped without consent.

Prosecutor Tony Trigg said that in September last year, Tannetta was spotted riding the vehicle in the Rumney area of Cardiff.

"The police became interested and were aware of a very strong smell of cannabis coming from Tannetta."

He didn't have insurance and was arrested and officers discovered the moped had been stolen from the Roath area and the number plates changed.

Tannetta was found to have small amount of cannabis for personal use and more seriously, said Mr Trigg, he had 11 deals of cocaine of 75 per cent

purity worth £480.

He claimed he had borrowed the vehicle from a friend and said "no comment" when questioned about the cocaine.

He had two mobile phones and on them were text messages involving him in supplying drugs.

Barrister Christopher Rees said: "He was at the bottom category of the cocaine offence. This was a very vulnerable young person. "Drug gangs are targeting young people to act as runners for them."

Mr Rees said that at the time Tannetta was using cocaine himself and also had some mental health difficulties.

"Clearly, he was being exploited by sophisticated criminals."

At the time, said Mr Rees, he had left home, but was now back with his parents.

The Judge said she took into account Tannetta's age at the time and that he was being used by others, which didn't excuse the offence.

She said there was genuine remorse by a decent, hardworking young man who had now stopped taking drugs and was "in contact with the right sort of people".

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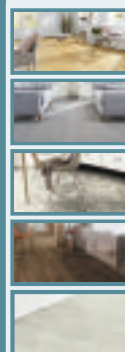
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News in brief

ON Sunday, July 21 at 5.30pm at Crossway Methodist Church, Court Road, Barry, CF63 4ER a concert will be given by Barry Community Choir.

The choir is delighted to welcome you to its summer concert, which will present a varied programme. Tickets are £6 per person which includes refreshments, no charge for children 16 and under. For further information or to book tickets, email: info@barrycommunitychoir.com or call 01446 748724. Tickets also be available on the door.



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News in brief

JANE Hutt AM will hold an advice surgery at St Brides Major church hall in St Brides, CF32 0SD on Saturday, July 20 from 1pm – 2pm.

THE Labour councillors for Buttrills, Cadoc, Castleland and Court Wards will hold an advice surgery on Saturday, July 20 in the Small Community Room, Barry Library, King Square from 10am until 11am.

Upgrades to Cadoxton Station progressing

VALE MP, Alun Cairns, met the Network Rail team upgrading Cadoxton station recently, to see the work being carried out to make the station accessible for all passengers.

The works by principal contractor Alun Griffiths will involve the installation of a new footbridge with two lifts, providing a fully accessible route from the station entrance to Platform 2 for the first time. This

will benefit those with reduced mobility as well as passengers with children, heavy luggage or shopping.

The £3 million scheme is funded through the UK Government's 'Access for All' programme, with match-funding from Welsh Government. Work began at Cadoxton station earlier this summer, with access improvements also planned for Barry station in 2020.

Network Rail has worked closely with the Built Accessibility Environment Panel, Vale Council and the

Equalities Consultative Forum to develop a design that will significantly improve the accessibility at Cadoxton station.

Rhys Howells, scheme project manager for Network Rail Wales and Borders, said: "We would like to thank the community for their patience while we carry out this important work to make the station more accessible for all passengers."

Mr Cairns said: "I'm really pleased to see that the upgrade to Cadoxton station is well underway. Improving access at stations will make a huge

impact to constituents by making it easier for them to commute to work and to travel to see friends and family. I am looking forward to seeing work begin at Barry station so that more passengers can benefit from improved access."

The funding for Cadoxton station was allocated by Network Rail and the UK Government allocated a further £300m of funding to continue with the Access for All Programme from 2019-2024.

AS

Empty homes strategy launched

ALMOST 850 homes are standing empty in the Vale, with some becoming a "magnet for crime and antisocial behaviour," the council has said.

Some 846 properties in the Vale are classed as "long term empty" after spending six months or more unoccupied and of those, 311 have been empty for more than two years.

Landlords will be given incentives to bring long term empty properties back into use as they are attracting crime and antisocial behaviour, driving down property values and are becoming "detrimental to the lives of local residents".

Measures to bring more of the Vale's empty homes back into use are set out in a draft strategy which the council published on July 15 for public consultation.

While the council wants landlords to accept help to get empty homes back into use, the strategy said the authority will take enforcement action where necessary

Around 47 properties in the Vale have been empty for more than 10 years, but most long-term empty properties have been vacant between six months to two years.

In April, St Augustine's ward in Penarth had the most long term empty homes, with 77 empty for more than six months and 32 vacant for more than two years.

Cowbridge and the Baruc ward of Barry each had more than 60 homes empty for more than six months, while the Castleland and Illyd wards of Barry, Llantwit Major and the Plymouth ward of Penarth had more than 50.

The Castleland, Cowbridge, Illyd and Plymouth wards all had more than 20 properties empty for more than two years.

The proposed strategy calls on the council provide financial incentives to landlords, prioritise empty homes for enforcement action such as enforced sales and compulsory purchase orders, and to raise awareness of the issue of empty homes.

LDR

Vale Council pledges £50,000 for transport study

THE Vale Council has pledged funding of more than £50,000 to complete a study into possible transport improvements in Dinas Powys.

It is a key step in the long process towards the construction of a local bypass which campaigners say would be a quicker link between Cardiff and Barry and relieve congestion in the village. Just before Christmas the Welsh Government refused to commit any more money to the work.

The Vale Council's money will ensure the Welsh Transport Appraisal Guidance (WelTAG) Stage 2 study is finally completed.

Contractors Arcadis Consulting Ltd will carry out the work and there should be a public consultation early next year

to propose improvements to local public transport and active travel, and examine the issues around a bypass.

Cllr Peter King, Vale Council cabinet member for neighbourhood services and transport, said: "It is important that this latest stage of work to explore potential travel improvements for Dinas Powys is completed so we can accurately plot the best way forward."

"To that end, the council has decided to provide the remaining funding for the WelTAG Stage 2 study."

"Afterwards, the conclusions will be thoroughly considered, along with opinions of all interested parties, before any decisions are taken."

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Application No./Rhif y cais: Proposal/Cynnig:	2019/00683/LBC Extension to existing garage and height increase to Northern boundary wall Mount Pleasant Farm, Llangan Grade II
Location:/Lleoliad: Listed Building/Adeilad Rhestredig	
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Dyffryn remembered

AT the July meeting of Sully U3A, members heard Colin Evans describe his childhood living in Dyffryn House near St Nicholas during the war years.

Dyffryn had been built in the 1890s by the coal and ship owner John Cory, but in 1941, when Hitler's bombs were falling on British cities and ports, it was chosen as the ideal safe home for important local records.

Colin's father, working for the Glamorgan Constabulary, was appointed keeper of those records and so the seven-year-old Colin and his family were moved into a specially-created first floor flat, with the rest

of the house being given over to police training.

Concluding an account full of lively anecdotes, Colin reflected on how his two and a half years at Dyffryn House had left him with a love of open spaces and large rooms.

The next monthly meeting will be on Thursday, August 8 at 2pm in the Old School, Sully when Rosemary Scadden will give a talk entitled: 'On the Edge - A Look at the Severn Estuary'.

For further information on Sully U3A and its activity groups visit u3asites.org.uk/sully/home, or email membership@sullyu3a.co.uk.

JD

Air cadets take to the skies at St Athan



AIR Cadets from 372 (Barry) Squadron have recently experienced the thrills and excitement of flying in the modern Grob tutor training aircraft, as used by the Royal Air Force.

With No 1 Air Experience Flight based at MOD St Athan, the cadets did not have to travel far. On arrival they were given all the relevant safety and weather briefings and shown training videos about

the aircraft, before being equipped to fly. Each air experience flight typically lasted 30 minutes, where the cadets would fly at approximately 2,500 ft.

During that time they were given the opportunity under the pilot's instructions to actually control the aircraft, learning to appreciate the effect of the control column to maintain straight and level flight.

Some brave cadets also undertook stomach churning aerobatics - appreciating the world while upside down - with

the cadet's hands actually following through on the control column, helping to understand how the aircraft flies. They now have an understanding of the difference between positive and negative G - at first hand!

The cadets who flew were Kacey Shires, Luke Beecham, Suki Pavalenthiran and Chloe Thomas.

Everyone had a fantastic experience; no doubt one they will never forget.

A band of brothers (and sisters), banter, a brew, and an egg banjo



THE Barry Veterans' Group meet every Tuesday between 10am and 1pm and on the first Saturday of the month from 9.30am to 12pm in the Barry Scout Hall on Dyfan Road.

All veterans and their

families are welcome to attend for a cup of tea, a bacon sandwich and good banter.

The group can also provide contact to a wide variety of assistance for issues with the council and MoD.

Come along or call 07340 051192.

JEFF REES

No fire, but still a warm welcome

ONE of the features of the interior of Bethesda'r Fro Chapel in Llantwit Major is the fireplace, and visiting preachers frequently enquire whether the fire will be lit as it adds to the ambience of worshipping in a building which dates back to 1807.

The fire will not be lit on Sunday, July 28 for the anniversary service at 3pm, but there will

still be a warm welcome to anyone who wishes to join with the congregation to celebrate the Chapel's illustrious history.

The preacher will be Clive Curtis, who has often lead worship in the Chapel and is not only an admirer of the fireplace, but also the harmonium which the Chapel still possesses, complete with its MoD markings.

In accordance with tradition, the service will be followed by tea and refreshments.

Nigel Williams

Sing a song of Summer

ON Sunday, July 21 at 5.30pm at Crossway Methodist Church, Court Road, Barry, CF63 4ER a concert will be given by Barry Community Choir.

The choir is delighted to welcome you to its summer concert, which will present a varied programme and be an opportunity for the choir and supporters to say a (temporary) farewell to conductor Emma Arscott. Tickets are £6 which includes refreshments, children 16 and under free. To book tickets, email: info@barry-communitychoir.com or call 01446 748724. Tickets also be available on the door.

Sea Sunday observed

THE little former Church of St Lawrence at Lavernock resounded with enthusiastic singing last Sunday, as popular hymns about the sea were sung to Anne Thomas's fine accompaniment on the French harmonium.

There were poems and Bible

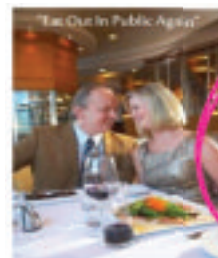
readings relating to the sea and Rev Margaret Stark spoke of the diversity of the sea, the bounty of its inhabitants and its uses.

The church was simply, but beautifully, decorated with flowers and sea-related artefacts. Many thanks to the church's working party and The Florist of Penarth for the fine display and to all who took part in the service.

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Advance Dental Care is a mixed dental practice. * says Rob Evans, Newport

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Leave the sofa for WI show!

YOU don't have to stay at home watching the TV on a bright summer's day - visit the Glamorgan Federation of Women's Institutes show instead!

The Federation's annual show is on Saturday, July 20, at North Cornelly community and public halls and the theme is 'Goggle Box'. Programmes such as The Great British Bake Off, Love Island and Call the Midwife have inspired the talents of WI members in a variety of craft, cookery, painting, photography and gardening items on display.

The show runs from 10am to 5pm and the entry fee is £2.50. Refreshments and Country Markets will sell home-made cakes, preserves and crafts - all welcome!

JE

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Penarth and District Ramblers enjoy walk in evening sunshine

ON a glorious hot and sunny evening, a group of 16 walkers joined Joy from Penarth and District Ramblers at the Twyn in Dinas Powys at the start of a four-mile evening ramble.

Heading along Station Road and on to Mount Road, they followed the edge of Dinas Powys Common to cross St Andrews Road, making their way uphill at the Twyncyn.

Following the Beauville Lane uphill, they paused at the top to gaze out across the Bristol Channel to the misty Somerset coastline, the tall hump of Steep Holm lit up in the sunshine and eastwards

towards Weston-super-Mare. The shade from the Twyncyn Wood was much appreciated as they continued along the lane passing the One O'Clock Gate before deviating over a stile and crossing the Dinas ridge, with its glorious views towards the sprawling town of Barry, Barry Island and across the Bristol Channel to Hinkley Point.

Enjoying the breeze and crossing several more stiles, they passed through a field of gentle horses who took very little notice of them to join the quiet lane by Ysguborgoch Farm for the descent past the beautiful lavender hedge outside South Lodge, to re-cross St Andrews Road.

Past the village church

dedicated to St Andrew (which has Norman origins) and into fields containing sheep beside Glebe Farm and crossing a wooden footbridge, they made their way through a field of calm bullocks to the Westra. Entering what had been part of the St Andrews Golf Club but which is now in private ownership, they followed the field boundary passing a huge flock of black sheep and disturbing two grey herons from the lake.

Another stile led them into fields to the south of the Westra for the difficult journey through very long grass to reach Southra, and making their way onto Dinas Powys Common, they made their way back to their start, still in warm sunshine.

On July 18, meet at 6.30pm at Wenvoe Church for a four-mile easy/moderate walk in the area; contact Joy on 01446 737131.

On July 20, meet at 9am at Cogan Leisure Centre for a 10-mile moderate walk at Abersychan (only assistance dogs allowed); contact Clive on 029 2065 4156.

On July 25, meet at 6.30pm at Rhose Railway Station for a 4.5-mile easy/moderate walk taking in East Aberthaw and Rhose; contact Joy on 01446 737131.

For up to date information, see www.penarthramblers.wordpress.com or follow on Facebook. Programmes and membership advice can be obtained from Pam on 029 2025 5102.

JS

'Parking chaos' on Barry Island



Coaches have been double parking on Station Approach Road on Barry Island, but the council has said it will now open up the rear end of the nearby car park to alleviate congestion.

THE Vale Council will open up the far end of Nell's Point car park for coaches to avoid chaos on the Island's roads near the funfair.

Coaches have been double parking on Station Approach Road just beyond the pleasure park because cars have taken spots in the extended parking bays.

A photograph taken on July 5 shows the congestion.

The front end of Nell's Point car park can only accommodate seven coaches and there is a height restriction barrier for the rest of the car park.

A Vale Council spokesperson explained the car park had height restriction barriers to stop travellers setting up camp in the car park:

"Buses are encouraged to park in the Nell's Point car park where there is designated space for seven buses to avoid unnecessary on-street congestion.

"If that reaches capacity, council officers managing the site will open the height restriction barriers within the car park providing more than adequate additional parking for buses and large vehicles towards

the rear of the facility.

"The height restriction barriers are normally closed for security purposes and to prevent unauthorised encampment of an area adjacent to residential properties.

"Parking enforcement officers regularly patrol Barry Island to monitor parking issues and will take enforcement action against improper parking where appropriate."

Vale does well in Green Flag Awards

THE Vale Council has emerged as one of the best performing authorities in Wales in the Green Flag Awards.

Judging body Keep Wales Tidy has given 10 sites maintained by the council Green Flag status, the mark of a top-quality outdoor space and of the 22 councils in Wales, only the larger Cardiff has managed more in total.

Romilly Park, Alexandra Park and Windsor Gardens, Barry Island Seafront and Friars Point, Belle Vue Park, Central Park, The Knap Gardens, Victoria Park, Gladstone Park, Wenvoe.

Cosmeston Country Park, Porthkerry Country Park all received the accolade.

Elsewhere in the county, Merthyr Dyfan Cemetery also gained a Green Flag, while 13 sites received Community Awards including Goldsland Farm, Lanlay Orchard, Barry Community Garden, Birchgrove Woodlands, Little Hill Brock Street, Nightingale Garden, Wenvoe Wild Orchard, Cwm Talwg Local Nature Reserve, Elizabethan Orchard, Old Hall Gardens, Upper Orchard Field Wenvoe, Wenvoe Community Orchard, Welsh Orchard

Tenant wins 'lifetime achievement award'

A RESIDENT born and bred in Barry has won a lifetime achievement award.

Cath Kinson gained the accolade at the Welsh tenant engagement awards hosted by TPAS Cymru in Cardiff on July 3.

The annual awards, held this year at the Park Inn in Cardiff, showcase how tenants and landlords work together to make a positive impact at

a local level in the social housing sector.

Ms Kinson, a Newydd Housing Association tenant, won the Lifetime Achievement Award in a very competitive category.

A spokesperson said: "A highly dedicated individual who throws herself into every challenge, Cath has been an invaluable member of the community, making a positive difference for the benefit of all tenants."

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ABP Barry Island 10k sold out!

THE ABP Barry Island 10k sold-out moments before registrations closed for the second edition of the summer-time race.

A total of 3,300 runners will run the Island on Sunday, August 4 after the ABP Barry Island 10k became the third event in the Healthspan Wales 10k Series to sell out. The final leg of

the four race campaign followed suit after the Brecon Carreg Cardiff Bay Run and Healthspan Porthcawl 10k filled to capacity. Runners of all abilities will take in all the highlights of the seaside hotspot on the scenic but challenging course devised by double olympic marathoner Steve Brace.

Great Britain endurance star Dewi Griffiths led the way through Whitmore Bay, the

Knap, Romilly Park and Watch House Bay before taking the tape to take the inaugural title last year and then thousands of runners followed to complete their own personal challenges. Race director Steve Brace said: "To sell out for a second year really shows the appetite for running in Barry and the region. The Series has proved a hit with the elite athletes vying for the title and the amateur runners signing up to

more than one event when the passes went on sale. We can't wait to see the promenade packed with runners and supporters on August 4."

Activities including a Family Fun Run and Toddler Dash, giving budding athletes and families a chance to get in on the action. There is still time to get the family involved by heading over to barryisland10k.co.uk to sign up.

A great day out for all the family!

Vale of Glamorgan Agricultural Show

Wednesday 7th August 2019
Fonmon Castle Grounds, Vale of Glamorgan

www.valeofglamorganshow.co.uk

Email: vale.show@outlook.com

Tel: 07513 141698

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Traditional hymn night in Dinas



Many popular hymns were sung at Ebenezer Chapel.

AN enthusiastic crowd attended a traditional hymn singing night at Ebenezer Chapel in Dinas Powys.

Many well-loved hymns were aired including 'Guide me O Thou Great Jehovah', 'The Lord's my Shepherd' and 'Here is Love Vast as the Ocean'. This was the third annual hymn singing festival (known as a Gymnanfa Ganu) in Ebenezer, which is the oldest church or chapel in Dinas Powys.

Most of the hymns had a strong Welsh connection, although they were

sung in English. One hymn 'When I Survey the Wondrous Cross' was sung twice to different tunes. Two hymns in the 90-minute festival were sung in Welsh, namely 'I Bob yn Syn Fyllon' and 'Calon Lan'. Plans are now in hand for the next Gymnanfa Ganu.

Cllr John Fanshaw, chair of Dinas Powys Community Council was a special guest. The Gymnanfa Ganu movement was launched in 1859 at Bethania Chapel in Aberdare where it was pioneered by Rev Evan Lewis.

For all the latest news from your area - glamorgan-gem.co.uk

Barry man in Transplant Games

WITH more than 1,000 competitors taking part in 24 different sports and events the 2019 British Transplant Games, which will take place at venues across Newport, promise to be a festival of sport and life, with over 2,500 people expected to attend.

Nick Topley, from Barry, is one of those.

He received a bone marrow transplant in 2012 after being diagnosed with severe aplastic anaemia - a rare disease which damages the bone marrow.

"A bone marrow transplant was my only option," he explained. "I have two brothers and two sisters and they were all tested to find out if they were a match."

"My sister, who lives in Germany, travelled over to donate her bone marrow."

Despite the fact he is a keen cyclist, it will be Nick's first Westfield Health British Transplant Games. The retired Cardiff University Professor from its School of Medicine will take part in the 5k time trial and the 10k road race.

"I saw the winning times in my age category and thought that I had a good chance of being competitive in my age group!" he laughed.

He is no stranger to competition however. He regularly competes in triathlon relays in the UK and Europe, racing against able bodied athletes.

"When I found out about the games in Newport, I felt it was my duty to participate and to raise awareness about organ and bone marrow donation. I wanted to give something back. I also feel passionate about highlighting the important work performed by the Welsh Blood Service."

"I don't think most people realise that both before and after a transplant, most patients require blood transfusions and platelets to help them as their bone marrow fails and to help their recovery."

"The new reality is that you are a transplant patient but that it doesn't mean you can't be fit and healthy."

The 2019 British Transplant Games will take place in Newport, south Wales, from July 25 to July 28. See www.british-transplantgames.co.uk.



GORCHYMYN CYNGOR BRO MORGANNWG GORCHYMYN CAU FFORDD DROS DRO RAS 10K YNYS Y BARRI SUL 4 AWST 2019

RHODDIR HYSBYSIAD DRWY HYN fod Cyngor Bro Morgannwg wedi gwneud gorchymyn dan Adran 16A Deddf Rheoleiddio Traffig Ffyrdd 1984 fel a ganilyn:-

DRWY HYN, yn ystod oriau penodol o'r diwrnod ac ar y dyddiad a nodir yng nghlofn 1 a 3 yr Atolden caiff y strydoedd neu'r rhannau o'r strydoedd, a nodir yng nghlofn 2 yr Atolden honno eu defnyddio i gynnal digwyddiad perthnasol fel y disgrifir yn Adran 16(A) (1) Deddf Rheoleiddio Traffig Ffyrdd 1984, mae'r Cyngor, yn unol â'r pwerau a ddysfennir iddo dan Adran 16A Deddf Rheoleiddio Traffig Ffyrdd 1984, yn

GORCHYMYN AC YN CYFARWYDDO, er mwyn hwylysu'r gwaith o gynnal y digwyddiad, galluogi aelodau'r cyhoedd i wylu'r digwyddiad hwnnw a lleihau unrhyw effaith ar draffig a achosir gan y digwyddiad, cydymffurfiaeth â'r rheoliad canlynol:-

CYFYNGIR, ac eithrio i'r hyn y darperir ar ei gyfer yn y gorchymyn, y defnydd o'r strydoedd neu'r rhannau o'r strydoedd a nodir i'r holl draffig cerbydau, gan gynnwys beiciau pedal, ac eithrio i Gerbydau'r Gwasanaethau Brys (gan gynnwys criw cwch achub wedi'i alw allan), rhwng yr oriau a nodir yng nghlofn 3 o'r atolden a nodir. Y gosb am dorri'r rheoliad yw dirwy hyd at £1000.00.

Atolden

Colofn 1	Colofn 2	Colofn 3
Dydd Sadwrn 3 Awst 2019	Friars ffordd rhwng ffordd dull yr orsaf a Paget Road	2.00pm tan ganol nos
Dydd Sul 4 Awst 2019	Gorsaf ffordd ddynesu drwy gydol ei hyd Paget Road rhwng Heol Clive a Harbwr ffordd Ffordd Y Mileniwm rhwng Heol Clive a dociau Swyddfa gylchfan Subway Road drwy gydol ei hyd Heol Dock View rhwng Coronation Street a Stryd eang stryd eang (A4055) rhwng Heol Holton a Coedlan y Parc Coedlan y Parc drwy gydol ei hyd Parc Romilly Road drwy gydol ei hyd y môr Bron gydol ei hyd	9.00am-2.00pm
	Beachway drwy gydol ei hyd Lakeside drwy gydol ei hyd yr orymdaith drwy gydol ei hyd Harbwr Road (A4055/sam) drwy gydol ei hyd	
	Paget ffordd rhwng ffordd yr Harbwr a'r diwedd ACA de ei ffyrdd	0.01am - 3.00pm
	Ffordd Friars (A4055) rhwng dull Station Road a Paget Road	0.01am - 5.00pm

O tua 10.45 am, fel y mae y rhedwyr diwethaf wedi mynd heibio, bydd y ffyrdd yn dechrau i ail-agor yn llwyrbyr dilyniant. Bydd holl ffyrdd (ac eithrio dull Paget Road a ffordd Friars) yn cael ei hailagor gan 2.00 pm Bydd maes parcio Nells pwynt aros ar gau o 9.00 am tan 11.45 am

Bydd gwyradau lleol lofnodi ar waith
Dyddiedig 18 Gorffennaf 2019
Cyfarwyddwr yr Amgylchedd a Thai
Cyngor Bro Morgannwg
Depo'r Alpau, Gwenfô, CF5 6AA.



THE VALE OF GLAMORGAN COUNCIL 17x6 TEMPORARY ROAD CLOSURE ORDER BARRY ISLAND 10K RACE SUNDAY 4th AUGUST 2019

WHEREAS during certain hours of the day and date specified in columns 1 of the Schedule hereto the streets or part thereof listed in column 2 of the said schedule will be used for the holding of a relevant event as described in Section 16(A)(1) of the Road Traffic Regulation Act 1984, the Council, pursuant to the powers conferred by Section 16A of the Road Traffic Regulation Act 1984 do **HEREBY ORDER AND DIRECT** in order to facilitate the holding of the event, enable members of the public to watch the said event and to reduce the disruption to traffic likely to be caused by the event the following regulation shall be observed:-

THAT, except as provided by the order, the said streets or parts thereof shall be closed to all vehicular traffic including pedal cycles with the exception of Emergency Services vehicles between the hours specified in column 3 of the said schedule. The penalty for infringement of the said regulation is a fine not exceeding £1000.00

Schedule

Column 1	Column 2	Column 3
Saturday 3rd August 2019	Friars Road between Station Approach Road and Paget Road	2.00pm until Midnight
Sunday 4th August 2019	Station Approach Road throughout its length Paget Road between Clive Road and Harbour Road Ffordd Y Mileniwm between Clive Road and Docks Office Roundabout Subway Road throughout its length Dock View Road between Coronation Street and Broad Street Broad Street (A4055) between Holton Road and Park Avenue Park Avenue throughout its length Romilly Park Road throughout its length Bron y Môr throughout its length	9.00am - 2.00pm
	Beachway throughout its length Lakeside throughout its length The Parade throughout its length	
	Harbour Road (A4055/Causeway) throughout its length	
	Paget Road between Harbour Road and its cul de sac end	0.01am - 3.00pm
	Friars Road (A4055) between Station approach Road and Paget Road	0.01am - 5.00pm

From Approximately 10.45am, as the last runners have passed, the roads will start to re-open in route sequence. All roads (with the exception of Paget Road and Friars Road) will be reopened by 2.00pm Nells Point Car Park will remain closed from 9.00am until at least 11.45am

Local Signed Diversions shall be in place

Dated this 18th July 2019
Director of Environment & Housing
Vale of Glamorgan Council
The Alps Wenvoe CF5 6AA



Lights, camera, action! Casualty shoots in Barry



THE Gavin and Stacey film crew were not the only people filming in Barry last week.

The cast of *Casualty* was in the town at the Witchell Pub and top of Herbert Street. They also filmed at

Jenner Park Stadium. Nine-year-old Daisy Angove was thrilled to meet *Casualty* actress Maddy Hill who plays paramedic Ruby Spark in the medical drama. Daisy got Maddy's autograph and said she was very nice.

EJ

Everything is Awesome on Barry's Holton Road

EARLIER this month, Amy Greenfield – co-owner of a new social enterprise shop Awesome Wales – had a visit from local AM Jane Hutt.

The shop, on Holton Road, received funding from the Wales Council for Voluntary Action Social Business Group fund, and a loan from

the European Regional Development Fund through the Development Bank of Wales and Investment Cymru. They are also working with the Princes Trust local entrepreneurs and students, food co-ops and local suppliers.

Mrs Hutt said: "It was wonderful to visit Awesome and meet Amy, and to hear about the work they are doing to make the shop a real hub for the community,

with workshops and meeting spaces, and displays by local artists. Providing somewhere for people to refill and reuse containers and bottles with everything from cleaning products to dried foods, spices and fruit is incredibly important and a great way to reduce plastic waste and save money. Congratulations to Amy and Stewart on all their hard work."

LAMBS day out

ON July 12, members of LAMBS (Llansannor Ancient and Modern Buildings and Settlements) visited Dyffryn Gardens for a tour with head gardener, Chris Flynn.

It was a beautiful sunny day and Chris gave members a very interesting, entertaining and comprehensive insight into many aspects of the gardens.

The group learned about several ongoing projects to return Dyffryn Gardens to Thomas Mawson's original design, which was instigated by John Cory and completed by Reginald Cory around 1910.

Several areas of the gardens have been restored and planted reflecting watercolours painted of the garden by Edith Adie in 1923.

These include the unusual succulent beds below the terrace, the

Pompeian garden, paved garden and the herbaceous border.

Original paths are being reinstated and the fountain at the end of the canal is now working; there are over 40 varieties of water lilies here and in the pool garden.

The group felt fortunate that they were visiting when the trees, shrubs and flowers are at their best.

JT

Vale MP's marathon effort helps local dementia charity

D E M E N T I A Revolution, the official charity of the 2019 London Marathon, has been handed a cheque for £4,153.01 following Vale MP Alun Cairns' eighth marathon in as many years.

Mr Cairns completed the 26-mile course in three hours and 45 minutes and raised over £8,000 in total, with donations split between Dementia Revolution and Guide Dogs.

This year, the Alzheimer's Society and Alzheimer's Research joined forces to create Dementia Revolution, an impressive campaign which raised significant funding for and awareness of the battle against dementia.

The Vale MP has been a committed supporter of dementia charities and awareness, working to establish Dementia Friendly communities across the Vale. This includes setting up

Llantwit Major Dementia Friends which holds briefing sessions for residents, businesses and community groups to help spread understanding of dementia locally.

Representatives from Dementia Friendly Cowbridge joined Alun Cairns MP and Alzheimer's Society Cymru to celebrate the cheque handover.

Mr Cairns commented: "I'm absolutely delighted to have raised over £4,000 for Dementia Revolution, a cause that is very close to my heart. I've seen first-hand the research that these funds will contribute to, which is incredibly sophisticated and impressive.

"Thank you to everyone who has supported me, your generous donations have been overwhelming and I would also like to thank all involved with Dementia Revolution for their fantastic support on the day of the Marathon.

"You helped to keep me going and get over the line!"

Sue Phelps, country director for Alzheimer's Society Cymru, said: "Congratulations and a heartfelt thank you to Alun Cairns, who along with his fantastic work supporting local

Dementia Friendly UK created the Dementia Communities raised Revolution to power £4,153 for Dementia ground-breaking research Revolution running this at the UK Dementia year's London Marathon. Research Institute. Alzheimer's Society and Diolch yn fawr!"

AS



PACT meetings in the Vale

COME along to Gibbonsdown 'Cuppa with a Copper' held every Monday morning at the Aberaeron HUB, Aberaeron Close between 10am and 12 noon.

A Police Surgery will be held at Victoria Park Community Room between 2pm and 4pm on Thursday, July 18.

A Coffee and Chat will be held at the Star Inn, Treos on Tuesday, July 30 at 11am.

Defibrillator at Rhoose Library

RHOOSE Community Library now has a defibrillator available 24 hours a day every day for the public to use, which can be used by dialling 999.

Jeff James, the chairman of trustees, said: "Thanks to the generosity of a benefactor, the library trustees and volunteers are delighted to be able to provide this essential service for the people of Rhoose."

Cheers! Vale MP is the toast of Parliament

VALE MP Alun Cairns has received a 'Beer Champion' award in Parliament this week in recognition of his support for the Long Live the Local campaign and helping to secure consecutive freezes in beer duty.

Mr Cairns was presented with a tap-handle trophy, created for the occasion. The special award is an initiative from the British Beer & Pub Association (BBPA) to recognise the role of Alun Cairns and other MPs from across the House, in supporting Britain's national drink since the 2017 General Election.

The award recognises support for successive freezes in beer duty which secured thousands of jobs and millions of pounds worth of investment in the brewing and pubs sector, which is vital to the economy in every part of the country.

The Long Live the Local campaign is campaigning for a cut in beer duty in this year's Budget and so far over 90,000 people have supported the petition this year, including 162 in the Vale of Glamorgan constituency alone.

Mr Cairns said: "I am passionate about supporting our local pubs across the Vale of Glamorgan, as I recognise that they are an

important part of our communities. Often, pubs are the hub of a community that brings people together. The role of the pub needs to be protected and I'm pleased that measures to freeze beer duty have played a role in this."

Brigid Simmonds, chief executive of the British Beer & Pub Association commented: "This award recognises Alun Cairns MP for his support for the Great British pub and Britain's historic brewing industry. I want to thank Alun for the work done in securing two beer duty freezes in this parliament, and for their support for the brewing and pubs sector since the 2017 election."

Leonard Cheshire charity organises event

VALE People First trustee Jane Hutt AM joined the UN World Youth Skills Day at the Assembly in Ty Hywel for their conference organised by the Leonard Cheshire charity.

She congratulated Vale People First for their drama performance at the event, which was reportedly a great success and well received.

She said: "It was great to see Vale People First and speakers at the event which had a focus on 'learning to learn'. Their drama performance brought the issues to life in a very real way, particularly thinking of disabled young people across the world."

'Lunch by the Sea' for AM



JANE Hutt AM attended the recent Rhoose Community Library summer fundraising 'Lunch By The Sea' at Fontygary.

Mrs Hutt said: "I want to thank you for the invitation to this wonderful event. Rhoose Community Library is a wonderful charity and I want to thank all of the volunteers and supporters who enable it to continue to thrive."

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GORCHYMYN CYNGOR BRO MORGANNWG (GLAMORGAN STREET (RHAN) Y BARRI) (CAU FFFORDD) (DROS DRO) 2019

Mae Cyngor Bro Morgannwg, wrth arfer ei bwerau dan Adran 14 Deddf Rheoleiddio Traffig Ffyrdd 1984 (fel y'i diwygiwyd) a'r holl bwerau galluog eraill yn cynnig, mewn dim llai na 7 diwrnod o ddyddiad yr Hysbysiad hwn, gwneud Gorchymyn a fydd yn gwneud yr hyn a ddisgrifir yn yr atodlenni isod: -

ATODLEN 1

Ni fydd unrhyw berson yn gyrru neu'n gadael i gerbyd deithio yn y lleoliad a nodir yn Atodlen 2 isod.

ATODLEN 2

- Lleoliad** Y ffordd i'w chau yw Glamorgan Street, y Barri o'r gyffordd â Victoria Road i'r gyffordd â Salisbury Road
- Rheswm:** I ganiatáu Dŵr Cymru i wneud gwaith ar y brif garthffos.
- Hyd:** O 07.00am ddydd Llun 5 Awst 2019 i 6.00pm ddydd Llun 23 Medi 2019.
- Llwybr Arall:** Bydd gwyrnadau lleol ag arwyddion ar waith.
- DS:** Bydd mynediad i gerddwyr yn parhau bob amser.



Dyddiedig 18 Gorffennaf 2019.
Cyfarwyddwr yr Amgylchedd a Thai
Cyngor Bro Morgannwg, Yr Alpau, Gwenfô. CF5 6AA.

THE VALE OF GLAMORGAN COUNCIL (GLAMORGAN STREET (PART) BARRY) (ROAD CLOSURE) (TEMPORARY) ORDER 2019

The Vale of Glamorgan Council in exercise of its powers under Section 14 of the Road Traffic Regulation Act 1984 (as amended), and of all other enabling powers intends in not less than seven days from the date of this Notice to make an Order the general effect of which is as described in the schedules below: -

SCHEDULE 1

No person shall cause or permit a motor vehicle to proceed in the location specified in Schedule 2 below.

SCHEDULE 2

- Location:** The road to be closed is Glamorgan Street Barry from its junction with Victoria Road to its junction with Salisbury Road
- Reason:** To allow for Welsh Water main sewer works to be undertaken.
- Duration:** From 7.00am on Monday 5th August 2019 until 6.00pm on Monday 23rd September 2019.
- Alt. Route:** Local signed diversions will be in place.
- NB:** Pedestrian access will remain in place at all times.

Dated this 18th day of July 2019.
Director of Environment & Housing
Vale of Glamorgan Council, The Alps, Wenvoe. CF5 6AA.



Penarth enjoys a sunny summer festival



Penarth's summer festival weekend was blessed with excellent weather, and crowds flocked to the popular event. Local photographer Andy Wicks was out and about, capturing some images of the day.



PHOTOGRAPHS by ANDY WICKS
Telephone 07855 374478
More photos on Andy Wick's Facebook page



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Skater Molly Mai is in the top ten



BARRY pupil Mollie Mai German (13) competed in the British solo ice dance championships in Sheffield at the beginning of July.

She had already competed in four competitions, Deeside, Murrayfield, Streatham and Bradford, and had to be in the top 24 scores to qualify for the British championships.

Competitors skate three routines, swing, the tango and then their own dance. Mollie's was the flamenco.

She skated in the basic novice ladies' category and came 10th out of the top 24 that had qualified.

When a competition is coming up, she trains for up to 20 hours a week, doing an hour and a half most mornings before going to school at Ysgol Bro Morgannwg in Barry.

This dance season she was sponsored by Taylor Wimpey and she is now on the lookout for a new sponsor.

If anyone would like to know any more information, they can contact the family at: helengermon@hotmail.co.uk.

Top tips for exercising

DRINKING before exercising, trying a different time of day and knowing the medical risks are three of the seven top tips for being active outside in summer sun and heat.

Fitness fans have been urged to stay well hydrated, adjust their routines and know their limits when working out in the sun and heat.

Experts from health and fitness site Vivotion.com have revealed their seven top tips for Brits heading outdoors to exercise over the summer.

Whether running and cycling or participating in other sports and outdoor activities, the specialists have warned that failure to adjust accordingly to hot conditions could hinder fitness progress and potentially harm overall health.

A spokesperson for Vivotion.com said: "More Brits will be encouraged to get active outdoors during spells of warm weather over the summer, but direct sunlight and increased heat can pose extra challenges to exercising. It's especially important to wear appropriate summer clothing, get plenty of water into your system before you feel like you need it and avoid the midday sun.

"If you start to feel uncomfortable or notice any signs of heat exhaustion, stop immediately and try to cool down as quickly as possible."

When exercising in summer:

1. Keep hydrated: it's particularly vital when active during summer heat to make sure you keep sufficiently hydrated at all times. That means drinking plenty of preferably cold water, or specialist sports drinks for intense activity, and avoiding alcohol. Try to take fluids

on-board proactively, before you're thirsty.

The NHS advises that symptoms of dehydration, which can cause muscle cramps, include dark and odorous urine, urinating less and less frequently, dizziness or light-headedness, tiredness and a dry mouth, lips or eyes.

2. Try a different time of day: if you normally for a run, cycle or play sports outdoors during the afternoon, blazing sunshine should make you think again.

Try getting up earlier and exercising while its cool before work, or head outside as the temperature starts to drop later into the evening, but steer clear of excessive activity while exposed to the 'midday sun' between 11am and 3pm.

It might also be worth considering a temporary change to your typical routine or activities and an alternative location, such as an indoor gym.

3. Gradually get used to conditions: If your body is used to participating in outdoor activities during the winter, with cold air and rain to keep it cool, it's important to acclimatise to exercising in heat gradually.

Gradually build up your activity levels, conduct a thorough warm-up and make sure you know your fitness level – don't push yourself too hard, too soon in challenging conditions and seek out shade whenever possible.

4. Dress wisely: Brits heading outdoors to exercise in summer heat should choose light coloured, loose clothing that's made from an appropriate, ventilated sporting material rather than cotton.

A pair of shorts and a t-shirt should normally do the trick – forget about sweatshirts, tracksuits,

joggers and long socks. Don't forget to take a cap or sunglasses and sun cream too, if it's a particularly bright day, and a towel cooling and mopping your brow.

5. Know your medical limits: It's crucial to know how any medication or pre-existing conditions you have, such as diabetes or heart problems, may or may not affect your ability to exercise in higher temperatures.

If you're unsure, consult a medical professional and don't do any activity that could pose unnecessary risks and harm, rather than help, your overall health.

6. Watch out for heat exhaustion and heatstroke: According to the NHS, signs of heat exhaustion include headaches, dizziness and confusion, loss of appetite, feeling sick, excessive sweating, pale skin, cramps in the limbs or stomach, fast breathing or pulse, being very thirsty and a body temperature above 38C. Children may also become floppy or sleepy.

If you can't cool down within 30 minutes and it turns into heatstroke, it needs to be treated as an emergency. The NHS says other signs of heatstroke include feeling dry and not sweating despite being too hot, rapid or short breath, confusion, a body temperature of 40C or higher, unresponsiveness, loss of consciousness or seizures.

7. Take a cold shower: Taking a cold bath or shower after working out in the heat will lower your core body temperature and be more comfortable than soaking in hot water.

Coldness can also help to lower the risk of muscle soreness and injury after exercise by reducing inflammation and speeding up recovery.

Probus Club learn about the history of holidays

THE July meeting was held in Illtud's 216 on and was opened by the president, who welcomed members and gave some historical facts connected with the date, July 9.

He gave details of the visit to Bristol Aerospace Museum and Bath, on September 3 and on behalf of members, congratulated Ian and Pat Colston who recently celebrated their diamond wedding anniversary.

Viv Kelly was the speaker, ably assisted by Cled Lewis and members enjoyed an interesting package holidays to Benidorm.

They learned about how it was not considered fashionable to have a tan in the early days, as this was considered the sign of being a labourer.

Most went on holidays on their own due to cost, men soon learned the art of gambling, drinking with the Riviera being known as a sunny spot for shady people.

Thomas Cook, a printer from Leicester, started his company offering holidays to families at affordable prices.

Told in his own inimitable style, Viv was given a warm round of applause on what was also his birthday.

The vote of thanks was given by David Brunnage and Viv managed to pull out Cled Lewis's ticket for this month's raffle prize.

The next meeting is on August 13 when the speaker will be David Wright.

MM

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Could Vale's green fields feed Cardiff's housing needs? Concern over development plan

COUNCILLORS in the Vale have warned that a new 'South Wales Strategic Development Plan' spread over 10 councils, could lead to thousands of houses being built on green field sites across the Vale to feed Cardiff's economic growth.

Plaid Cymru's Cllr Ian Johnson claimed that proposals discussed by the Vale Cabinet this week would put the creation of a housing and infrastructure plan in the hands of a regional board, and reduce the opportunity for Vale councillors and local residents to influence proposals.

The Vale Council told The GEM it would mean better strategic planning and a benefit would be that the whole region would help with Cardiff's growth.

Cllr Johnson said a lot of his concern related to further housing development: "The Vale Local

Development Plan, which is supposed to last until 2026, was for 10,000 houses – more than twice as many houses as the Welsh Government's housing target said was needed.

"One of the main concerns about merging the Vale Council with Cardiff was that we would see thousands of extra houses being built, without investment in the public transport and roads that make up our creaking infrastructure.

"The same councillors who voted for this over-development across the Vale from Cowbridge to Dinas Powys now want us to sign up to a regional development plan with limited local influence.

"I'm worried that this is just going to be about telling us that we have to build thousands of houses on green fields in order to feed Cardiff's economic growth."

Fellow councillor Nic Hodges, who is a member of the Vale Council planning committee, added: "Without proper safeguards, this could mean that decisions

which affect our everyday lives will be taken at a regional level without us having a say in what happens.

There will have to be mechanisms put in place for local councillors and local residents' voices to be listened to."

Cllr Lis Burnett, the Vale Cabinet member responsible for regeneration, said any proposals would include consulting with communities: "The proposed strategic development plan (SDP) provides the opportunity for decisions on significant development to be taken at a regional level.

"This will ensure the growth and infrastructure requirements of the whole region are considered together strategically, rather than in a fragmented way by 10 individual authorities.

"The proposals include full engagement with local communities and the strategic planning panel responsible for the SDP will have democratically elected representatives from each area voting on the proposals.

"Councils will still prepare individual local

development plans which decide what development can take place where, within their own local areas.

"This does not mean that the Vale of Glamorgan will be forced to take extra houses during our LDP timescale.

"One of the potential benefits of an SDP for the Vale is the opportunity it presents to manage the growth demands presented by neighbouring Cardiff across the whole of the region, rather than the Vale managing the most of that pressure alone."

Cllr Burnett pointed out that if there wasn't a regional strategy, it could mean the Vale and

Cardiff being forced to work in tandem: "The Welsh Government has been pressing councils in the region whose current LDPs expire in 2021 to prepare joint plans. Without an SDP in progress, the Vale could potentially be forced to prepare a joint plan with Cardiff.

"The Vale Council is therefore very keen that the region comes together to discuss how to manage future growth in the Cardiff Capital Region, so that it can be planned in a sustainable way and some of the challenges it will bring to, for example, housing can be spread appropriately across the region."

TC

Is volunteering for you?

HAVE you ever thought about getting involved in volunteering but are not sure what opportunities are out there, or what you have to do to get involved?

Volunteering is for everybody, there are opportunities for people of any age.

You do not have to have qualifications or skills to volunteer, as full training is provided for all opportunities.

Accreditation and skills based certificates are sometimes offered.

You can gain so much from volunteering whether you are looking to gain confidence, enhance your CV, gain a reference, meet new people, give something back to your community, improve your health and wellbeing or just to add structure to your day, volunteering may be the

way forward.

The amount of time you give will vary on the nature of the volunteering that you are doing and is negotiable with the organisation.

Glamorgan Voluntary Services (GVS) promotes over 500 volunteering opportunities across the Vale which include befriending older people, helping with sports activities, driving, fund-raising, prison support, charity shops, supporting people with substance misuse problems, library, local radio, working with animals, office and youth work.

Most of the recruiting organisations will reimburse travel expenses and some food expenses.

If you are on benefits you can volunteer, you just have to ensure you meet the requirements of your benefit. GVS can provide you with that information.

Organisations require

all volunteers to go through a selection procedure to assess their suitability.

This gives you the chance to see if you like the organisation too.

For some opportunities you may need a Disclosure and Barring Check (cost met by the organisation).

If you do have any criminal activity showing, this does not automatically exclude you from volunteering.

If you would like to know more about the opportunities available and how you can get involved, contact GVS.

We also provide a drop in at Barry Library on Tuesday (9.30am–11.30am) and Wednesday (1pm–3pm). Contact GVS on 01446 741706, email enquiries@gvs.wales or visit www.gvs.wales.

New nursery is opening in Cowbridge

THE team at Bijou are excited to bring you the Bijou Nursery, which will be opening shortly at 48a Eastgate in Cowbridge.

We shall be catering for all children from six months upwards and we have 20 places that we are making available.

Bijou is a unique setting, for

not only will the children have an internal play area with a play frame but we are also going to be opening an outdoor garden at the rear of the premises, which will be where all the exciting gardening and some of the outside projects will take place.

As National Day Nurseries Association (NDNA) members

we shall be following the core curriculum laid down for the children's ages, all of which is being implemented by our highly qualified team led by our nursery manager Nadine.

If you would like to find out more, visit the website www.bijou-nursery.com or our Facebook page – or simply call

us and ask to speak with Nadine about a visit to see what the facilities will offer.

Over the next few weeks we shall be shooting our virtual tour of the nursery and updating when the open days will be.

We look forward to seeing you!

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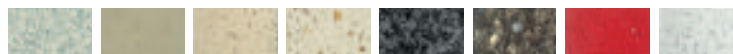
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RNLI offers a Porthcawl welcome for RescueFest

PORThCAWL Lifeboats, as well as The Mumbles All Weather Lifeboat. RNLI volunteers are busy putting the final plans in place for their #RescueFest2019 event on July 28.

Now in its second year, RescueFest2019 is organised by the busiest RNLI lifeboat station in Wales during 2018, Porthcawl RNLI. RescueFest2019 takes place around the Harbour Quarter area and main promenade of Porthcawl and will feature action-packed demonstrations and displays by both of Porthcawl's Inshore



An RNLI spokesman said: "It promises to be a great day with lots of fun for all the family! "Funds raised during the day will go towards saving lives at sea." For more information, visit www.porthcawl-lifeboat.co.uk or search #RescueFest2019

Bridgend team wins Garage of the Year award, and offers GEM readers a freebie

FRESH from winning the highly coveted IGA Garage of the Year Award, Avia Autos have not paused to rest on their laurels, demonstrating why the business has been awarded this accolade with the summer launch of the Motorist Clinic.

Owner Hayley Pells explained what the clinic is all about: "The Motorist Clinic is run once a month on a Saturday, and is to give practical help to motorists who wish to learn more about their cars."

"The clinic runs at the ability level of the participants and there is an advertised theme for each one, for example: we have covered changing a tyre at the side of the road and changing headlamp bulbs."

It is our belief that sometimes all that is needed is a safe environment in which to explore the car and to develop



the skills that could not only get you out of a jam, but could also save the motorist money." The next available clinic is to be held at 10am on August 10 and tickets are available to buy at the workshop on Queens Road in Bridgend; light refreshments are included in the two hour session. Two free tickets are available for GEM readers on a first-to-claim basis. Simply take along a copy of this edition with you when you book. Hayley Pells Avia Sports Cars Ltd

Marathon match raised £2,000

EARLIER this year, a group of parents and friends gathered together to support Coety Primary school.

This group of volunteers organised and conducted a 10-hour long charity football match to raise funds to purchase new equipment for physical education and extra-curricular sports clubs at Coety Primary School. The event was organised by Mr and Mrs Farrugia who put in hours of hard work and planning to

ensure the day was a great success. During the day, more than 40 players of different abilities took part in the mammoth match. Some played short stints, while others played all day.

Altogether the event raised £2,000, which has so far been put towards buying new rugby and netball kits. The school cannot thank Mr and Mrs Farrugia enough for their support. We would also like to thank everyone who contributed during the day.

KL

PM praises Bridgend charity

THE Prime Minister has recognised Julian and Marianne Cash from Bridgend for their service furnishing homes for people in need.

Julian and Marianne are the founders of 'Community Furniture Aid', a charity that

furnishes homes for people rebuilding their lives to give them a fresh start and restore their dignity.

Having previously volunteered for a local charity that passed on recycled furniture to those in need, Julian and Marianne were determined to keep the service going after the other charity closed.

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Sustainability at the heart of new farming proposals



**Rachel Saunders
of the Farmers'
Union of Wales
writes on
Farming Matters.**

LATEST proposals for future farm and rural support in the Welsh Government's 'Sustainable Farming and our Land' proposals need to be thoroughly scrutinised by all those whose livelihoods could be changed forever.

Sustainability is at the

heart of the new direction proposed for farming support, with 'wide ranging and significant economic, environmental and social contribution' said to be key underlying principles.

The claim is that the Sustainable Farming Scheme will provide a meaningful and stable income stream, fair outcomes, payments for new and existing sustainable practices and flexibility to apply to all types of farm.

The new document appears to be more farmer-friendly than last year's 'Brexit and our Land' paper, and some important concerns highlighted by the FUW in its October 2018 response are recognised in the new paper; in particular, fears of fixed timetable pre-Brexit decisions, and the need for modelling and economic assessments before making any decisions.

The capping and/or tapering of payments and reference to 'active farmers' is also welcome, offering the opportunity to ensure support goes to genuine family farms.

But the underlying principles have not changed, and the

proposals still mean replacing direct support for farmers with a public goods scheme, which could mean farmers having to do more and be faced with greater restrictions in return for potentially less money - and then competing on even terms with EU farmers, or even their near neighbours in Northern Ireland and Scotland.

There could well be a postcode lottery when it comes to levels of payments, options available and the rules which apply for farms in different areas of Wales, or even within a single county or parish.

It is proposed that the only source of a payment in future will be through a multi-annual contract, drawn up following meetings and farm visits with every applicant - raising major concerns over the practicality and deliverability of a scheme which would take an unprecedented amount of work to implement - not least given the experience with less ambitious contract-based schemes, such as Glastir.

One major concern about this approach is that we will lose Wales'

state-of-the-art interactive online SAF system, recognised as one of the best in Europe. There are fears too that the deadline for consultation is the day before the UK is due to leave the EU on October 31, when all businesses may be in turmoil.

The greater focus is on food and farming, active farmers and communities as well as economic and environmental sustainability, which must be welcomed and will make constructive conversations about the pros and cons of the proposals much easier than was the case during last year's consultation period.

This issue is so important that as a union, the FUW is determined every farmer in Wales should have the opportunity to learn about it, and to do this we shall be running a series of roadshow events in every county where farmers can learn about the proposals and how to respond to the consultation.

We shall all be doing our utmost to make sure our farming community comes through with the very best deal possible, because #FarmingMatters.



From showjumping to sheep shearing, there will be something for everyone at the 100th Royal Welsh Show later this month.

It's Royal Welsh Show time!

THE pinnacle event in the British agricultural calendar, the 100th Royal Welsh Show, will be held on July 22 - 25 at the show ground in Llanelwedd, Builth Wells.

Throughout the four days there will be a number of commemorative celebrations to mark this milestone in the show's history. The Farming Through the Ages display is in our main ring each day, and an awe-inspiring Supreme Champion of Champions class in which horses, cattle, sheep, goats and pigs all compete for this one-off 100th Royal Welsh Show title.

Along with the fantastic

livestock the show provides something to interest everyone through its wide range of activities including forestry, horticulture, crafts, countryside sports, food and drink and a 12-hour programme each day of exciting entertainment, attractions and displays.

The big attractions in the main ring will be the incredible Atkinson Action Horses, who have spent the past 20 years training horses and riders for film and TV. Visitors can also look forward to watching the daredevil Bolddog Lings motorcycle display team. With non-stop action from start to finish, their display will feature the UK's top ranked freestyle motocross riders.

Returning to entertain the crowds will be the spectacular Regimental Band of the Royal Welsh, Black Mountains Welsh, Falconry, Tristar Carriage Driving, Meirion Owen and the Quack Pack, Inter Hunt Relay and much more. With over a thousand trade stands and hundreds of amazing food and drink stalls, even the most discerning shopper and food enthusiast will be spoilt for choice during the show - we've even provided 'shopping crèches' to keep your precious purchases safe until home time.

For more details and to buy your discounted e-tickets today, visit www.rwas.wales.

FUW seminars at The Show

THE Farmers' Union of Wales (FUW) will hold a series of seminars to be held at the FUW Pavilion during this year's Royal Welsh Show.

Other subjects on the agenda including mental health, bovine TB, rewild-

ing and conservation. On July 22 at 11am, 'What impacts do TB breakdowns have on mental health?' chaired by FUW Senior Policy Officer Dr Hazel Wright, with Ceredigion MP Ben Lake, Gareth Davies, Tir Dewi; Emma Picton-Jones, DPJ Foundation; Charles Smith, Farm Community Network and Linda Jones, RABI.

At 11am on Tuesday, July 23, 'Rewilding and conservation: poles apart or two sides of the same coin?' chaired by BBC Radio 4 'Farming Today' reporter Mariclare Carey-Jones, with Gareth Davies, Coed Cymru; Ponterwyd farmer Dafydd Morris-Jones and Bangor University Human Geography lecturer Dr Sophie Wynne-Jones.

At 2.30pm on Wednesday, July 24, 'Brexit and Our Land - Next Steps' chaired by FUW MD, Alan Davies, discussing the future of farming policies in Wales with Welsh Conservative shadow agriculture Minister Andrew RT Davies AM, Plaid Cymru shadow agriculture Minister Llyr Gruffydd AM, and FUW Head of Policy Dr Nick Fenwick.



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A 'changing village' opens at leisure centre



Inside the changing village.

THE new "changing village" at Barry Leisure Centre has opened to the public.

The key element in the Vale Council's investment into the leisure centre, the new changing village uses new cubicles and lockers to create a fully accessible space that gives all users more privacy and groups and families more spaces to

change together.

In addition, the changing village includes dedicated school changing rooms and includes new showers and toilet facilities.

Rob Oaten, Contract Manager for Legacy Leisure Vale of Glamorgan, said: "The facilities at Barry Leisure Centre are very popular and we want to provide the best experience possible for our visitors."

"We listened to user feedback and created an area we believe will provide a comfortable, accessible and much-improved changing space."

"Everyone involved has worked tirelessly to overcome the challenges invoked and I would like to thank the public for their ongoing support as we continue to improve the leisure facilities across the region."

Valeways walk 'round in a circle'

ON a sunny, hot morning, 19 walkers joined John at the Red Lion in Bonvilston for a Valeways walk.

They crossed Cottrell Park golf course to reach the road to Peterston and followed the road for a short distance before crossing a stile into fields, passing a piggy with a carved pig's head prominently shown. They enjoyed splendid views of Cardiff, the Brecon Beacons and the Vale.

Walking through long grass, the group reached the Pendoylan Road, crossing straight over to follow a track and a path through a newly-planted wood with an attractive lake beside it.

Skirting around a house, they descended into the valley to reach Caerwigau Isaf.

On the way down, they stopped to admire a large patch of spotted orchids in a field full of wild flowers.

Caerwigau Isaf is a 16th century farmhouse which is being restored, and made a good place for a coffee stop. Refreshed, the group set off to climb up towards

Warren Mill Farm through woodland and fields. The group reached Warren Farm and entered a field passing a 'bull in field' warning notice; but presumably he had gone on holiday, as he was nowhere to be seen.

Walking through Hensol Forest, the group soon reached Ty Cerrig and Maerdy Newydd before crossing the A48 at The Aubrey Arms.

They followed a lane before crossing a stile and climbing up the hill towards Liege Manor. As they crossed the field, they disturbed a hare which ran off up the hill far faster than the walkers.

A few more fields and stiles brought the group back to the A48 and the warm welcome of the Red Lion.

Many thanks to the landlord and chef for their hospitality and the use of the car park.

JT

Information comes to light on fire engines



The fire engine crew at Cowbridge Town Hall in 1943.

FOLLOWING the article and photograph published in The GEM a couple of weeks ago, information on past fire engines has come in:

Frank Dark of Llantwit Major saw the photograph of the Dennis Ace fire engine in The GEM and rang to tell me he had driven it when he was stationed at Cowbridge between 1950 and 1955 (he was one of three full-timers, the others being Tom Bond and Fred John).

It had replaced an engine with a trailer pump which had had to be ditched when it sprang a leak and the Dennis Ace was still being used in Cowbridge in 1954.

However, the following year, a new fire engine (a Dennis Rolls, with Rolls Royce engine) appeared. This proved too big for the fire station, which was based in what is now the Lesser Town Hall, so it was parked under the chestnut tree at the back

of the Horse and Groom. A San Diego retired fireman, Richard Yokely, is trying to piece together the Cowbridge Dennis Ace's history. He reports that it dated from 1936 and was delivered to Mountain Ash that same year. In 1941, it was taken into the National Fire Service, returning to 'local control' about 1948. Around this time, it arrived in Cowbridge. He does not know what happened to it, but immediately after 1954/5 when it left Cowbridge, it was shipped to the United States.

In 1966, it appeared in the film 'Tobruk', which starred Rock Hudson made in Los Angeles. In the 1970s, it appeared in a film called 'Emergency' about the Los Angeles County Fire Department, and also 'Baa Baa Black Sheep, a World War Two television series set in the Pacific. The Ace was last seen at a fire brigade 'muster' in Los Angeles in the early 1980s and there are reports of it having been sold to a

museum, but this has yet to be confirmed. Richard Yokely has been looking on the 'Peoples' Collection Wales' website at the Cowbridge History Society's digital archive, which is gradually being uploaded there and clearly is reaching a worldwide audience. He noticed a photograph of flooding by Cowbridge Town Hall, taken around 1948, and saw that the fire engine in attendance then was an Albion Merryweather (the one with the leaking trailer pump). He tells me this one dates from about 1930. It would originally have had solid tyres, but they would be replaced with pneumatic ones while it was in service.

Maybe these reports will stir more memories? Contact me on 01446 773373 or email bettyalden1@gmail.com.

Betty Alden

Cancer UK fair a success

THE Penarth Fundraising Committee for Cancer Research UK would like to thank everyone for coming to the recent summer fair at the Conservative Club and helping them to raise £581, all of which goes to help fund the cure for cancer.

Thanks go to the Conservative Club for the use of the room and for their assistance. The next fair will take place in November.

Jenny Brooks, Penarth Fundraising Committee for Cancer Research UK.

Tindle Newspapers

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Inmate receives additional sentence for possessing forbidden mobile phone

AN inmate of HMP Parc who was found in possession of a banned mobile phone has been jailed for a year at Cardiff Crown Court and Judge Michael Fittou directed for it to be served consecutively for 78 months.

Dale Bird (29) is already serving for claimed he had "borrowed" the item from

producing cannabis and had admitted possessing the prohibited phone.

Prosecutor Bethan Evans said: "On October 25, custody officers searched his cell. He was startled by this, a struggle occurred and a mobile phone was discovered. There were a number of sim cards, and text messages from his partner."

When interviewed, Bird, from Cwmbran, already serving for supplying cocaine and

another prisoner. His solicitor, Sara Palmer, said: "It did in fact belong to someone else and it was thoroughly basic, being used only for calls and text messages."

He had not breached any other rules and had contacted only his girlfriend. The Judge said: "You are an experienced offender serving a sentence for serious offences."

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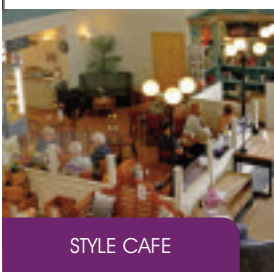
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Westbourne School is expecting success in summer examinations

THE year 2019 is set to be another highly successful year for Westbourne School in Penarth with early indications showing the school will top the league tables for the fifth year in a row as the no 1 school in the UK for results.

Following the release of exceptional IB results on July 5, Westbourne to study medicine in

IB Diploma graduates have once again secured places at top Russell Group universities. One third of graduates have entered the elite category of 41+ points, putting them in the top two per cent in the world for results. Kristo, our departing head boy has achieved an outstanding score of 43 points, the A Level equivalent of five A* grades, and graduates most

medical research universities, Montpellier.

Principal Dr Gerard Griffiths said: "These results obviously leave me proud, but this year's performances have opened the doors not only to the top of UK universities for budding scientists, but even further. This year has particularly shown that there are no universities our students cannot enter."

MdT

BRIDGEND COUNTY BOROUGH COUNCIL CYNGOR BWRDEISTREF SIROL PEN-Y-BONT AR OGWR



Gorchymyn Diogelu Mannau Cyhoeddus - Rheoli Cŵn
Cyngor Bwrdeistref Sirol Pen-y-bont ar Ogwr

Public Spaces Protection Order
Dog Control
Bridgend County Borough Council

Rhodri rhydd drwy hyn fod Cyngor Bwrdeistref Sirol Pen-y-bont ar Ogwr ('y Cyngor') yn cynnig y Gorchymyn Diogelu Mannau Cyhoeddus dilynol o dan Adranau 59 a 72 o Ddeddf Ymddygiad Gwrthymdeithasol, Troseddu a Philsmona 2014 ('y Ddeddf').

1. Fe ddaw'r Gorchymyn i rym ar 18 Mehefin 2019 a bydd yn cael effaith am 3 blynedd wedi hynny, oni bai ei fod yn cael ei ymestyn drwy orchymyn pellach o dan bwerau statudol y Cyngor.
2. Mae'r Gorchymyn hwn yn ymwneud â phob man agored cyhoeddus ledled y fwrdeistref ac a nodir ar y cynllun atodedig ('y Raddol Gyfyngedig'). Dyma dir y mae Ddeddf Ymddygiad Gwrthymdeithasol, Troseddu a Philsmona 2014 yn perthyn iddo a bydd yn cael ei ddiogelu trwy wneud y Gorchymyn Arfaethedig hwn.
3. Mae'r Cyngor yn fodlon bod yr amodau a nodir yn Adran 59 (2) y Ddeddf wedi'u diwallu. Sef y cynhaliwyd ymddygiad gwrthymdeithasol a gweithgareddau troseddol yn yr Ardal Gyfyngedig. Mae'r gweithgareddau hyn wedi cael effaith niweidiol ar ansawdd bywyd y rhai hynny yn yr ardal, ac mae'n debygol y bydd y gweithgareddau yn cael eu cynnal o fewn yr ardal honno ac yn cael effaith o'r fath.
4. Mae'r Cyngor hefyd yn fodlon bod yr amodau a nodir yn Adran 59 (3) y Ddeddf wedi'u diwallu. Sef, bod effaith neu effaith debygol y gweithgareddau o natur, neu ei bod yn debygol o fod o natur gysylltiedig neu barhaus a bod y gweithgareddau hyn yn afrestru ac yn cyflwynu'r cyfyngiad a osodir gan y Gorchymyn hwn a'i fod o dan yr holl amgylchiadau yn gyfeus gwneud hyn er mwyn lleihau troseddu a/neu ymddygiad gwrthymdeithasol mewn man cyhoeddus.
5. Gellir enwi'r Gorchymyn Arfaethedig fel y Gorchymyn Diogelu Mannau Cyhoeddus - Rheoli Cŵn Cyngor Bwrdeistref Sirol Pen-y-bont ar Ogwr sy'n compassu pob man agored cyhoeddus o fewn y fwrdeistref.

Trwy'r Gorchymyn Arfaethedig hwn

6. Effaith y Gorchymyn hwn yw gosod yr amodau dilynol ar ddefnyddio'r tir:-

Bydd person(au) yn yr Ardal Gyfyngedig yn casglu ac yn gwaredu carthion cŵn sydd o dan eu rheolaeth trwy ei dynnu a rhoi'r baw ei mewn bag y cydlyd ei adael mewn bin sbwriel neu fynd ag ef adref

Rhaid i berson(au) yn yr Ardal Gyfyngedig sydd â chŵn o dan eu rheolaeth gario bagiau neu ddulliau addas eraill ar gyfer casglu baw cŵn Pan ofynnir iddynt wneud hynny gan Swyddog Awdurdodedig, rhaid i berson(au) yn yr Ardal Gyfyngedig roi cŵn dan eu rheolaeth ar ddenyn. Rhaid i'r Swyddog Awdurdodedig nodi'r lleoliad a'r cyfnod a gwpasir gan gyfarwyddu a roddir o dan Baragraff 6 (C) y Gorchymyn hwn

7. Ni fydd y cyfyngiadau yn Erthygl 6 y Gorchymyn hwn yn gymwys i bobol anabl fel y'i diffinir gan Ddeddf Cydraddoldeb 2010 lle mae'r person yn dioddef o anablder a fyddai'n eu hatal rhag casglu baw eu cŵn.

Notice is hereby given that Bridgend County Borough Council ('the Council') proposes the following Public Spaces Protection Order under Sections 59 and 72 of the Anti-Social Behaviour, Crime and Policing Act 2014 ('the Act').

1. The Order shall come into operation on the 18th June 2019 and shall have an effect for 3 years thereafter, unless extended by further order under the Council's statutory powers.
2. This Order relates to all public open spaces throughout the borough and is specified on the attached plan ('the Restricted Area'). This is land to which the Anti-Social Behaviour, Crime and Policing Act 2014 applies and will be protected by the making of this Proposed Order.
3. The Council is satisfied that the conditions set out in Section 59 (2) of the Act have been met. Namely that Anti-Social behaviour and criminal activities have been carried out within the Restricted Area. These activities have had a detrimental effect on the quality of life of those in the locality, and it is likely that the activities will be carried out within that area and have such an effect.

4. The Council is also satisfied that the conditions set out in Section 59 (3) of the Act have been met. Namely, that the effect or likely effect of the activities is, or is likely to be of a persistent or continuing nature and that these activities are unreasonable and justify the restriction imposed by this Order and that it is in all the circumstances expedient to make this order for the purpose of reducing crime and/or anti-social behaviour in a public place.

5. The Proposed Order may be cited as the Bridgend County Borough Council Public Spaces Protection Order Dog Control covering all public open spaces within the borough.

By this Proposed Order

6. The effect of this Order is to impose the following conditions on the use of the land:-

Person(s) within the Restricted Area will collect and dispose of the faeces of dogs within their control by removing it and depositing the dog faeces in a bag which should be left in a litter bin or taken home

Person(s) within the Restricted Area who have dogs within their control must carry bags or other suitable means for the collection of dog faeces. Person(s) within the Restricted Area must when requested to do so by an Authorised Officer place dogs in their control on a lead. The Authorised Officer must specify the location and duration covered by a direction given under Paragraph 6 (C) of this Order.

7. The restrictions in Article 6 of this Order shall not apply to Disabled persons as defined by the Equality Act 2010 where the person suffers from a disability which would prevent them from collecting their dog faeces.

Latest Bridge Club results round-up

THE results for Vale of Glamorgan Bridge Club for July 15 are as follows:

First, Tony Ratcliff and Julian Pottage, 67.83 per cent; second, Irene Thomas and Graham Jones, 61.58 per cent; third, Glyn Williams and Vida Halford, 57.77 per cent.

Old Hall Bridge Club

THE latest results for July 3 are:

First, John Beard and Liam Sheridan with 67.27 per cent; second were Ann Miller and Rita Williams with 57.73 per cent.

Visitors are welcome at the club; please call Mearl Owen on 01446 773472 for more information.

Green light given for Goods Shed

A £9 MILLION project to convert the old railway Goods Shed building and adjoining land at Hood Road, Barry Waterfront into a mixed-use scheme, including a shipping container village and apartment complex has been given the go ahead.

The Vale Council has reached agreement for developers Loft Co to transform the structure into office space, retail units, restaurants and a coffee shop.

Sitting alongside the Barry Tourist Railway, there will also be a five-story residential block

on the site offering 42 homes.

The area will contain a flexible events space for use as an outdoor cinema, farmers' market and pop-up street food zone.

Loft Co are the same company behind the successful renovation of the nearby Pumhouse into the Hangfire Southern Kitchen restaurant, Academy coffee bar and other businesses.

The Goods Shed dates back to the 1880s and like the Pumhouse, sits in the Innovation Quarter, a 19-acre "urban area" and joint venture between the council and Welsh Government.

Performance and mocktails for Brynhill Ladies



THE Brynhill Golf Club ladies' vice captain's golf day and evening was held on July 9 and what a glorious day it was for the popular golf competition.

The ladies' vice captain, Lisa Taylor (pictured with Robbie Lee above) had been busy planning a day of fun and evening entertainment for quite a while and the ladies thoroughly enjoyed themselves. There were wonderful mocktails on sale all day and the evening started with Barry's local Billboard Ensemble singing six songs from their forthcoming show '9 til 5'.

The vice captain

announced the winners and runners-up and thanked the bar staff and caterers. She also thanked course manager Matthew Borges and staff for presenting the course in such a wonderful condition and the club president, Hilary West.

The silver and bronze winners received hampers of golf items. They were: silver, Robbie Lee, 38 pts; runner-up Linda Hewlett, 38 pts; bronze, Helena Coombes, 39pts; runner-up Lili Mae O'Carroll, 37 pts; nearest the pin, Sue Bounds; nearest line, Judy Davies.

Brynhill welcomes new players of any ability. Call Nicky on 01446 720277 ext 1 for further information.

JMK

Netballer Lydia in Welsh international debut



CONGRATULATIONS to former Cowbridge pupil Lydia Hitchings, who made her full debut for Welsh Netball, coming off the bench at Goal Attack, in an impressive win against Grenada last week.

Currently studying at Cardiff Metropolitan University, Lydia (22), has represented Wales at under-17 and under-21 and was set for the 2017 World Youth Cup in Botswana when she sustained an ACL injury in training. This setback at such an important period in her netball development ruled her out of contention for a place in the 2018 Commonwealth Games. Despite the blow so early in her career, she persevered and gained a place with the Celtic Dragons for the 2019 Vitality Netball Superleague squad.

Having narrowly missed out on qualification for the 2019 Netball World Cup in Liverpool, Wales created their own 'Summer Series' tournament. This allowed the Welsh squad an intensive, competitive matchplay series against world ranked teams.

With a world ranking of 12th, Julie Hoornweg's side opened the series against the highly fancied South African 'Proteas' (fifth) at the Viola Arena, Cardiff, losing 32-84 and 44-79.

Wales finished off their 2019 summer tests in style, with four victories in a row. First was Malawi (9), who Wales had never previously beaten, were dispatched 52-47 in the first ever televised game on Welsh TV by S4C. Trinidad and Tobago, again ranked higher than Wales in the INF World Rankings at 10th, were next and impressively beaten 72-64.

Wales' next matches will be at the 2019 Netball Europe in Northern Ireland in late September.

'The future of women's rugby bright' after tourney

ON July 7, the inaugural Barry Girls Rugby Clusters Festival took place, with teams from all over south Wales descending on a sun baked Barry Rugby Club.

More than 200 girls from seven to 15 years old took part in the festival, demonstrating outstanding talent and skills, showing the future of women's rugby is very bright and exciting.

The day was a great success with more than 500 people enjoying the cake stalls, raffle and the Cardiff Blues' blow up cage, where

girls and boys could practice their ball handling skills.

The Islanders Girls Rugby Cluster is made up of under-9s, under-11s, under-13s and under-15s. They train every Tuesday night at 6pm at Barry RFC, Merthyr Dyfan Road and from September onwards, will also be training on Thursdays at 6pm.

If there are any girls from the Barry and surrounding area that would like to learn more about rugby and get involved with a very inclusive and friendly club, then come along or contact the club on Facebook, WRU Islanders Girls.

JR

Barry youth players to take part in Swedish tournament

AS the football season comes to a halt and weekends are spent waiting for it to begin again, the summer can be a difficult time for all of those who love the beautiful game.

However, this year there is no such problem for the players of the Whitmore High School football team, who are busy preparing for The Gothia Youth World Cup in Gothenburg, Sweden.

The tournament is the biggest of its kind in the world, has run for more than 40 years and in July, will welcome over 1,800 teams from 80 countries.

The team participated in the tournament in 2015 and 2017 and achieved success in reaching the latter stages of the competition.

This year, the boys hope to emulate this level of performance and go on to win the tournament.

The team have group fixtures against two Swedish teams and opposition from Kuala

Lumpur before more fixtures against international competition in the knockout stage.

Hearing of the school's plans, local company Armstrong Masonry stepped forward to make sure that they look the part at the tournament.

They provided the team with training and travel tops, which were greatly appreciated by the players and staff.

Andrew Armstrong said: "to be able to help out a local school football team when they are playing in such a prestigious tournament was something we had to do."

"It is great to be involved with a team with so much potential".

The team have also been selected to represent Wales in the Olympic style opening ceremony, which will be cheered on by a capacity crowd of 30,000 people in the Gothenburg stadium and a live television audience in Sweden, a great honour for the boys.

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Out & About with The GEM

Tornado passes through



Photograph by Mike Wilcock.

VALE rail enthusiast Mike Wilcock captured this image (above) of the Tornado steam engine passing through Aberthaw on July 14.

It was its first run along the Vale line, travelling on the return run from Tenby to Bristol.

Mike was one of thousands of enthusiasts who turned out for the 60163 Tornado which has a cult following.

Construction on the frames started 25 years ago and the Tornado made its first public outing in 2008.

Mike explained: "The rail tour was organised by Pathfinder Tours and she will be out nearly every

week this year. Being so popular, bookings need to be made months in advance.

"Every station along her route was crowded with photographers wishing to record her passing through."

To watch a film of the Tornado search for 'MikeWilcockVideos' in Google.

Charity angling event is back!

OVER the past 7 years £12,000 has been raised by the Llantwit Major Charity Fishing Open for a variety of good causes, including Cystic Fibrosis research, Marie Curie, Ty Hafan and the Stroke Association.

This year, funds are being raised for Velindre Cancer Centre and St Baruc's Ward, Barry, for people with Dementia and Alzheimer's and all funds raised from the entry and raffle will be split between the two charities.

Organisers Mark Cowell and Sally Owen run these angling events independently, relying on donations from friends, anglers and local businesses for prizes and thank every one for their continued support as without it, the events would not

be such great success.

Special thanks go to the Maria Hughes of Llantwit Major Beach Cafe, who has supported the event every year donating cash prizes and allowing the cafe to be used for the book-in and presentations, local businesses Chris Davies Estate and Letting Agents, Ben's Barbers, Sunkissed Beauty and Tanning, Cafe Unwind, Coast Cafe Bar, Chris Pope Motor Services, Jay and Kelly of The Old Swan - and all the fishing tackle shops and anglers who fish and donate prizes every year.

The event will take place on Sunday, August 4, at Llantwit Major beach with cash prizes for winners.

For further information or to donate a prize, contact Mark Cowell on 07721 791210 or Sally on 07773 272885.

Wenvoe Open Gardens Saturday 20th July 1p-m - 5pm

All contributions to the building fund for St Mary's Church Refreshments available in the church grounds & 7 St Andrew's Rd. Donations welcome • Adults £5 children free
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Movie magic – a look at the newly-released films coming to your area soon

DAMON SMITH reviews the latest releases, coming to your area soon.

FILM OF THE WEEK

THE DEAD DON'T DIE (15, 105 mins) Comedy/Horror/Thriller/Romance. Bill Murray, Adam Driver, Tilda Swinton, Chloe Sevigny, Danny Glover, Caleb Landry Jones, Steve Buscemi, Tom Waits, Jahi Winston, Taliyah Whitaker, Maya Delmont. Director: Jim Jarmusch.

Released: July 12 (UK & Ireland, selected cinemas)

The living are mean-spirited, spiteful and lonely, and might as well be dead, in writer-director Jim Jarmusch's off-kilter comedy, which commits half-heartedly to the gore-splattered demands of a zombie horror.

Set in the fictional Pennsylvania town of Centerville - population 738, "a real nice place" - *The Dead Don't Die* sinks its gnashers into myriad genres but seldom draws blood as an inconsistent tone ricochets between sinister, self-referential and silly.

There are a few nice touches like when Tilda Swinton's bankers mortician spots a metallic Star

Destroyer on the key-chain of Adam Driver's cop and deadpan, "Star Wars - excellent fiction" (Driver plays the villainous Kylo Ren in a galaxy far, far away).

Or when the three members of Centerville police department arrive in lazy succession to a grisly crime scene and come to the same conclusion about the likely culprits.

However, Jarmusch's decision to allow characters to break the fourth wall and identify themselves as actors in a ghoulish fiction undermines any efforts to make us care about the starchy cast being disembowelled and dismembered by the undead.

"Why does it sound so familiar?" ponders Bill Murray's police chief as Sturgill Simpson's 'The Dead Don't Die' emanates from his car radio.

"Because it's the theme song," dryly responds co-star Driver. Centerville police chief Cliff Robertson (Murray) and officers Ronald Peterson (Driver) and Minerva Morrison (Sevigny) respond to a gruesome attack at the local diner and calls about disappearing livestock.

"This ain't gonna end well," correctly deduces Ronald.

Nearby, quixotic undertaker Zelda Winston (Swinton) practices her samurai sword skills in the back room of The Ever After funeral home.

When night falls, corpses reanimate and Hermit Bob (Tom Waits) witnesses the devastation through binoculars.

Residents including Hank Thompson (Danny Glover), Bobby Wiggins (Caleb Landry Jones) and farmer Frank Miller (Steve Buscemi) arm themselves against the slaving predators.

Zombies quickly overrun Centerville including a juvenile detention building where Geronimo (Jahi Winston), Olivia (Taliyah Whitaker), Stella (Maya Delmont) are incarcerated.

The Dead Don't Die pays homage to the satirical horrors of George A. Romero with close-ups of fetid hands erupting from graves and some juicy, stomach-churning make-up effects.

Murray and Driver are masters of deadpan delivery and their low-key banter is one of the film's fleeting pleasures.

Swinton seems to be inhabiting a different plane of existence to the rest of the cast, which Jarmusch playfully squares away with a loopy twist that even

The X-Files would have dismiss as fantastical.

"Kill the head," Driver repeatedly reminds his co-stars as they repel the shuffling horde.

A greater focus on the heart might have served the film well.

SEX :: NO VIOLENCE :: RATING: 5.5/10

ARMSTRONG (PG, 100 mins)

Released: July 12 (UK & Ireland, selected cinemas)

To mark the 50th anniversary of the first moon landing, David Fairhead directs a revealing documentary portrait of Neil Armstrong, which traces the reluctant hero's journey from rural Ohio to uncharted territory in the inky void of space.

Narrated by Harrison Ford, the film combines remastered archive material, NASA footage and previously unseen Armstrong family home movies to better understand the father and husband, who became a symbol of endeavour for the whole of mankind.

Fellow astronauts and aviators who knew Armstrong contribute interviews, alongside members of the family.

Fairhead's film is available to download and stream from July 15.

Valeways guided walks in the Vale

ON Saturday, July 20 a seven-mile circular walk of the Penarth Barrage (fee payable) will take place; meet at the Penarth Barrage car park at 10am.

On Sunday, July 21 meet at 2pm by the Gorsedd Stones, Romilly Park Road, Barry for a History of Barry Island walk.

On Tuesday, July 23 meet on the village green (CF61 2XR) in Llanmaes at 6.30pm for a walk in Llanmihangel.

On Wednesday, July 24 the Coffee Shop Strollers of Barry will meet at 10.30am in the Bron y Mor car park, Cold Knap, Barry.

The same day, the

Coffee Shop Strollers of Cowbridge will meet at 2.30pm by the Physic Garden fountain in Cowbridge.

On Thursday, July 25 bring your bus pass or fare to Llantwit Major bus station for a Ticket to Ride at 9.30am.

That same day, a Walk For Carers takes place: meet at Barry Island railway station at 10.30am.

The Penarth Coffee Shop Strollers also meet on Thursday, July 25 at 2.30pm at the cliff top cafe car park, Penarth.

Families sought for TV programme

FROM the makers of 'GPs Behind Closed Doors' and 'The Gypsies Next Door', Knickerbockerglory are now casting for a new primetime documentary series looking for large families in the Vale with six children or more, filming in July and August.

The documentary will explore the topics of overcrowding, the housing crisis, shortage of affordable housing and how this is having and impact on large families in a number of different ways.

A spokesperson from the production company asked: "Are your neighbours causing you stress? Has your quiet life been turned upside down by the large family next door? Have you made complaints or is it causing tension on the street?"

If you are interested in taking part, provide your name, contact number and some information about your situation to: nextdoor@knickerbockerglory.tv or call/text 07720 694785.



Sioe Frenhinol Cymru 2019

Royal Welsh Show 2019

22-25 Gorffennaf/July
Royal Welsh Showground
Llanelwedd LD2 3SY



#SioeFrenhinolCymru
#RoyalWelshShow
#SFC100 #RWS100

cafc.cymru rwas.wales



Plenty to see as the Bridgend Show enjoys beautiful weather

IT'S showtime for the great UK tradition of agricultural shows, with the Royal Welsh next week, and the Vale of Glamorgan Show in August. The Bridgend Show was one of the first this year, and there was a wide variety of attractions at the Pencoeed show ground. The crowds were able to enjoy all the attractions, and relax in the sunny weather.



PHOTOGRAPHS by GLYN EVANS
Other pictures are available from this event.
Pictures can be purchased by contacting:
E-Mail: ffotoimage@tiscali.co.uk
Telephone 07791 228684
www.ffotoimage.co.uk
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News from the Fonmon Apiary

LAST month, I reported on two colonies that were not doing very well and neither has recovered.

Losses are not uncommon at all; with non-functioning queens, the population of a hive diminishes and without bees of different ages to ensure that all tasks are carried out in a timely and orderly manner, survival is not on the cards.

Nonetheless, the remaining colonies are forging ahead due to the current excellent weather conditions.

Having equipment on hand to provide a colony with the room they require is a must if swarming is to be in any way controlled.

With a queen laying up to 2,000 eggs every day, space is at a premium and lack of space is one of the triggers that brings swarming to the fore and try as we beekeepers might, the bees are in control – and if they decide that it is time to go, then nothing I can do will change their decision.

Have any of my colonies swarmed? Yes, they have, despite my best endeavours.

It is not a disaster if your bees swarm; your expected honey crop can suffer as a result of swarming,

because when some 30,000 bees depart the hive, each fills up with honey and down goes the amount left behind.

Not being a commercial beekeeper who depends on getting as much honey from each colony as possible, I can live with this situation.

There is an bright side to the swarming ritual because the bees that have been left behind have not been abandoned.

Before their sisters departed, several queen cells were produced and one of them is going to provide the colony with a new queen who will set about her egg laying duties and in doing so, will bring about a thriving colony once more.

There is yet another upside to this swarming occurrence.

Beekeepers are often called out to deal with swarms and if successfully collected, an addition to the apiary can be had free.

However, not all swarms are easy to gather in; they do settle in some very awkward locations.

Harold Williams

Pupils win £1,000 for Cardiff charity

YSGOL Gymraeg Bro Morgannwg year 8 pupils have won £1,000 for City Hospice charity in Cardiff.

The children took part in a First Give campaign during their school lessons: the campaign works in partnership with secondary schools to inspire and equip young people to tackle social issues. During the work to prepare for the First Give final, every pupil in year 8 chose a charity to raise money for. This involved workshops to improve the pupils' presenting skills and meeting the founders of their charities.

The successful pupils were Cai Barker, Evans Phillips and Jack O'Connell. During their campaign the pupils raised money through a cake sale and hope to raise more money for the hospice next year.

Of the experience, the boys said they had really enjoyed the challenge. Evan said: "We got to make new friends and work with them. I enjoyed speaking and meeting new people that I've never met before."

Jack added: "Not only did my IT and communicating skills improve, but I'm also very glad that our school gets to make a difference in the community. We're proud of what we have achieved for this worthy charity."

Last Friday, the winning team visited City Hospice, where they spoke to the nurses and helped with some of the tasks.

A school spokesperson said: "It is wonderful to see our young people raise money for a charity so close to their hearts."

Highlight Park WI keep themselves busy

At a recent meeting, Jane, a retired IT specialist, gave us a short talk about her work and offered to help anyone who is struggling with computer skills.

Deryn gave us an informative insight into loneliness in elderly people in the community. She is a volunteer with Contact the Elderly, to help alleviate loneliness and we look forward to hearing more and perhaps volunteering also.

Sid and Sue, meanwhile, are a dynamic duo who portrayed getting around independently while living with partial vision.

After a rigorous and lengthy training on how to escort a person around town, shops and cafes, Sid was handed to Sue to begin a life which enabled Sue to gain confidence and put her trust in Sid. He is a handsome golden Labrador who protects Sue and guides her every day. Although his working life with her is short – eight years – they showed us how a bond of trust and dependability is formed.

We had a very informative talk from Sue and we all enjoyed it. Our next meeting will be a visit from the Tenovus choir.

On a visit to The Memo, 19 of us gathered together to see the fantastic Carpenters' Experience. 'Karen' opened the show and led us through their compositions: sometimes melancholic, others which got us swaying our arms and singing along to tunes we remembered perfectly.

The Memo was the perfect setting, with cabaret type round tables full of people enjoying themselves; it was a full house. Our thanks to Sue, who always comes up trumps organising it all. For an Ascot afternoon, tea and cakes were on the menu, but not until the famous horse racing game had been played. The members dressed up in their best hats and frocks and had a great time. As guests of Rhosue WI, we joined in their trip to Stratford and had a wonderful day sight-seeing, eating, drinking and taking trips on the River Avon in a beautiful town with echoes of the Bard everywhere. One group went for lunch at The White Swan (otherwise known as the Dirty Duck) and took a tour around the Globe Theatre.

Our WI group social was held at Cadoxton WI when we joined up with members from our social group of four WIs for a night of clog dancing.

After the demonstrations, we were encouraged to join in: clutching sticks with bells on them we hopped and turned and performed a clog dance. The group were from Canton, Cardiff and have been together for a long time. We certainly had a good time, thanks to Chris and the Cadoxton members who had arranged the evening.

A visit to Pewsham was a return invitation from the ladies of Pewsham WI.

On the way, some of us stopped off at a garden centre while others explored the picturesque village of Lacock. Often used in period dramas and movies, it has retained its character and beauty in the soft Cotswold stone architecture and design.

A visit to the Abbey was a must, with all its wonderful rooms decorated in the period of William Henry Fox Talbot's time with wonderful furniture, paintings and stylish ceramics. Afterwards, we were

entertained to a sumptuous afternoon tea by the Pewsham ladies in a hall nearby, gifts were exchanged and lots of raffle prizes won.

Our final activity for the month was the St Nicholas WI 80th anniversary, when a few ladies went along to the Reading Room in Bonvilston to celebrate with St Nicholas WI. Ladies from local WIs, along with several members of the Glamorgan Federation, were treated to delicious food and great entertainment provided by the Porthcawl Ukulele Bandits with a glass of bubbly to toast their anniversary. Thank you, St Nicholas.

We meet at Highlight Park Community Centre for monthly meetings on the first Tuesday of each month at 7pm April to September, and 2pm from October to March. Knit and Natter takes place each Thursday at 2pm; social afternoon meets on the third Tuesday each month at 2pm. Please come along and join in – you are very welcome.

DB

Cadets train in the Black Mountains

RECENTLY, Air Cadets from 372 (Barry) Squadron travelled to the Black Mountains to walk up Sugarloaf.

The aim of the day was to train them to a competent degree of navigation and team building skill. The cadets walked 12 kilometres, gaining 800 feet of height.

The walk gave some of the younger cadets a taste of the outdoors and what is expected of them on their forthcoming Duke of Edinburgh Bronze expeditions.

The route followed a mixture of well defined paths, tracks, forestry sections as well as moderate climbs.

The cadets worked very well, encouraging and assisting each other throughout the day.

They also had a first aid exercise which they successfully dealt with. The pace throughout the day remained brisk helped with good weather and wonderful

views of the area.

Cadet Ethan Andrus said: "It was really cool and the views from the top of Sugar Loaf were amazing."

"I enjoyed the challenge of the walk and I learnt so much, which will help me prepare for my Duke of Edinburgh expedition."

Adventurous training forms a very important part of the cadets' training.

Rigorous training on the Squadron covers teambuilding, leadership, mountain craft, camp craft, safety training and navigation before going on the hills.

Cadets Ethan Andrus, Callum Dowdell, Autumn Colley, Josh Robinson, Kacey Shires, Tom John, Suki and Morgan Edgell benefited from this taste of the great outdoors.

AS

Valeways take a fascinating walk from the Red Lion – to the Red lion

ON a sunny, hot morning, 19 walkers joined John at the Red Lion in Bonvilston for a Valeways walk.

They crossed Cottrell Park golf course to reach the road to Peterston and followed the road carefully for a short distance, before crossing a stile into fields, passing a piggery with a carved pig's head prominently shown. They enjoyed splendid views of Cardiff, the Brecon Beacons and the Vale.

Walking through long grass, the group reached the Pendoylan Road, crossing straight over to follow a track and a path through a newly-planted wood with an attractive lake beside it.

Skirting around a house, they descended into the valley to reach Caerwigau Isaf. On the way down, they stopped to admire a large patch of spotted orchids flowering in a field full of wild flowers.

Caerwigau Isaf is a 16th century farmhouse which is being lovingly restored and made a good place for a coffee stop.

Refreshed, the group set off to climb up towards Warren Mill Farm through woodland and fields. The group reached Warren Farm and entered a field passing a 'bull in field' warning notice but presumably he had gone on holiday, as he was nowhere to be seen.

Walking through Hensol Forest, the group soon reached Ty Cerrig and Maerdy Newydd before crossing the A48 at The Aubrey Arms. They followed a lane for a short distance before crossing a stile and climbing up the hill towards Liege Manor. As they crossed the field, they disturbed a hare which ran off up the hill far faster than the walkers.

A few more fields and stiles brought the group back to the A48 and the warm welcome of the Red Lion. Many thanks to the landlord and chef for their hospitality and the use of the car park.

John Treby

Young voices bring buzz of excitement to Barry MVC

THIS year's annual concert for the Barry Male Voice Choir featuring the young voices of Pukka Productions was a midsummer treat that made its musical mark on the town.

A buzz of excitement and expectation could be felt as the audience filled All Saints' Church.

The young voices of Pukka and the mature richness of the men's voices provided a fascinating contrast between the generations and the feast of music provided something for everyone.

The finale of this musical extravaganza was a joint 100 voice rendering of 'Rhythm of Life' which will be talked about for a long time.

Barry Male Voice

Choir remains indebted to its musical team of director Dorothy Connell and accompanists Emma Arscott and James Bull for their tireless efforts.

Vice chairman Daniel White summed up the year's progress: "This is a very challenging year for the choir. To date our participation in the Cornish Festival of Music and our annual concert have been very successful."

"Ahead is our high profile joint concert at Llandaff Cathedral with the renowned Wessex Male Voice Choir and the choir of Ysgol Gyfun Barry, which takes place on Saturday, October 5 at 7pm.

Tickets are available online at www.trybooking.co.uk

More information at www.barrymalevoicechoir.co.uk.

Duck day approaches

ROTARY Club of Barry president David Jakeway and members of the Rotary Club of Barry have been out and about at Asda and Morrisons supermarkets in Barry, the Scout and Guide fete and Barry market as well as Cosmeston Park for several weeks, promoting the club's annual Duck Race and summer fete to be held in The Knap Gardens, Barry on July 20 from 11am onwards.

There will be something for everyone. The Duck Race winner will win a £200 cash prize, second place will win £100 and third place will win £50.

This year there will be one big race at

3pm when over 2,000 sponsored ducks will swim across The Knap lake. While ducks can be sponsored on the day, they can also be sponsored in advance in Barry at Food for Thought, Dr Bob's Balloons and Giggles toy shop, as well as Romilly's Cafe at The Knap and Snowdrop Independent Living in Cogan.

There will be lots more stalls and activities including a 'Scruffs' style' dog show, dance display, model boat display and a children's play zone.

Rotary Club of Barry would like to thank all those who have already sponsored ducks and look forward to welcoming everyone to The Knap.

NEW



Loft 3, Seaman's Mission, Barry
Luxury Apartment
Period Features
800Sq Ft Roof Terrace

OIEO £225,000 E44

NEW



Heol Y Sianel, Rhoose Point
3 Generous Bedrooms
Excellent Order Throughout
Landscaped Rear Garden

£199,950 B83

NEW




Buttrils Road, Barry
Three Double Beds
Two Receptions Plus Diner
Lawn Rear Garden

£229,500 tbc



Chris Davies



Ffordd Y Mileniwm, Barry
First Floor Apart
One Double Bed
Shower Room, Parking


£94,950 B83



Ty Levant, Rhodfa'r Gwagenni, Barry
Ground Floor Apartment
One Bedroom
Allocated Parking


£95,000 C80

NO CHAIN



The Pastures, Barry
Two Bedrooms
Enclosed Rear
Parking

£147,500 D68




Tynewydd Road, Barry
3 Beds, 2 Receptions
Views, Garden
Town Location

£165,000 D55

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Llantwit Major 01446 792020
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GARAGE



Lakin Drive, Barry
Two Beds
Popular Location
Garage

£175,950 D58


WEST END



Glamorgan Street, Barry
3 Receptions,
3 Beds,
West End

£175,000 D65

NEW



Loft 1, Seaman's Mission, Barry
Unique Luxury Apartment
Three Levels
Superb Channel Views

OIEO £175,000 C77



Mariners Walk, Barry
3 Double Bedroom Detached
Beautifully Improved Throughout
Drive & Garage; Rare Property

£239,950 B83



Mariners Walk, Barry
Three Bedroom House
Double Driveway Parking
En Suite
Cloakroom
Council Tax Band D. EPC B83. £925pcm



Bron Awelon, Barry
Extended 3 Bed
Large Kitchen
Drive, Views

£244,950 E52

DRIVE



Porth Y Castell, Barry
3 Double Bedrooms; 2 Receptions
Prime Location - Garden Suburb
Family Garden; No Onward Chain


£339,950 C69

PARKING



Murlande Way, Rhose
One Bedroom Starter Home
Two Car Driveway To The Side
Modern Kitchen/Bathroom; Sea Views

£115,000 D57




Murlande Way, Rhose
2 Bedrooms
Large Conservatory
Parking for 3 Cars

£159,950 D61



The Wheate Close, Rhose
Fully Furbished Two Bedroom House
Modern Bathroom With Shower
Modern Kitchen
Driveway Parking
Council Tax Band C. EPC D61. £700pcm

NEW



Kenson Close, Rhose
2 Double Bedroom Bungalow
Drive, Detached Garage
Generous Gardens; No Chain


£195,000 tbc

GREAT PARKING



Llanmead Gardens, Rhose
3 Bedrooms; 2 Receptions
Conservatory; Great Parking
Private Garden; Quiet Position

£230,000 C71



Adenfield Way, Rhose
Spacious Detached
4 Beds; 3 Receptions
Very Spacious

£325,000 C71



Nurston Close, Rhose
3 Double Bedrooms
2 Receptions; Kitchen/Diner
Fabulous Private Garden

£325,000 D68



Gildas Close, Llantwit Major
Three Bedrooms
Garage
Modern Throughout
Kitchen Diner
Council Tax Band D. EPC D61. £795pcm



Maes Y Gwenyn, Rhose Point
Superb 4 Double Bedroom Detached
Vastly Improved - 2 Receptions & Conservatory
Landscaped Gardens

£325,000 C63



Benecrofte, Rhose
4 Double Bedroom Detached
Large Plot - Ripe For Extending
Generous Rear Garden

£350,000 D66



Cilgiant Y Meillion, Rhose Point
4 Bedrooms; 3 Receptions
Double Garage; Private Garden
Excellent Order Throughout

£365,000 D57

LARGE PLOT



Fontygary Road, Rhose
4 Bedrooms; 4 Receptions
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Large Gardens; Annex/Studio

£450,000 D61



Neptune Court, Barry
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Llantwit's A Team moves off League bottom

LAST Thursday saw Llantwit Major Men's A Team set off on a beautiful sunny evening to travel to Bridgend Private Bowls Club situated at Bridgend Tennis Club, to play a Rockwool Triples League match.

Dave Johnes, John Moisan and Mike Harmon enjoyed a close tussle until the eighth end when they scored a 5, then took control of the game and emerged 20-9 shots winners.

It was a similar story for the rink comprised of Richard Bayliss, Colin Ashdown and Dave Thomas, who also recorded a 5, this time on the ninth end and finished up winning by 24 shots to 12.

Mike Eveleigh, Stuart Comer and John O'Brien restricted themselves to a series of twos and threes, running out victors by 20 shots to 10.

A much tighter encounter was had by Andy Vincent, Ambrose Horgan and Geoff Timms who although scoring steadily, missed out by 10 shots to 15 shots.

Overall match score: Llantwit Major 74, Bridgend Private 46.

The match was followed by light refreshments in the Bridgend clubhouse. This was Llantwit's second win in the Rockwool Triples League this season and with a number of matches where Llantwit have won on one or more rinks, the Club moves off the bottom spot in the league table.

PB

A mixed week for Barry Central Bowls teams, but it's a good win over old rivals

THIS past week has seen improvement by the men's side, but the same cannot be said for the club team in the Munro Cup league.

On July 10 the team played at home against Barry Athletic in the Munro Cup. The opponents proved to be too strong for the club, winning the overall game by 75 shots – 55 shots. The club did win on one rink and only lost by one shot on another.

The same malady affected the team as in previous mid-week games, when overall on the four rinks played, Barry Athletic gained 27 shots while Barry Central only gained nine. This resulted in Barry Athletic winning by 12 points to two.

On July 13 the men's team played its Cardiff Municipal League game at home against Ynysybwll. The visitors have always been a thorn in the club's side, with last season's two

matches resulting in the Central teams only collecting five points out of a possible 28. The opponents, with many old faces in the team came intending to win – but were to be surprised by the resilience of the Central players. The game was played in an excellent spirit and at the beginning, rink scores were quite close; but as the game progressed the Central team began to take control of the match, especially on two of its rinks.

At the end of the game Central had won on three of its rinks but lost on the fourth. Shot scores: Barry Central 86 shots (12 points) Ynysybwll 55 shots (two points).

Rink results: T White, T Kaged, A Rogers, T Evans (14-20); D Hunt, J Bergland, R Pearce, T Goddard (18-17); J Bellamy, B Castle, J Selley, D Goddard (26-13); M Hoare, P Harris, A Gibson, G Goldthorpe (28-5).

The ladies' team played on July 9 away to Millwood Ladies in the two rink match. The good results of late were not forthcoming, with the Central ladies only tying the score on one rink. This was to be followed on July 11 with a match away to Mount Pleasant. However the match had to be cancelled, the Central ladies' team hit with players unavailable.

This week the ladies' team will play at home on July 16 against Penarth Windsor Ladies followed on Thursday, July 18 with a game against Gilfach Goch Ladies. Meanwhile, the men's team will on July 17 play Dinas Powys away in the Munro Cup, followed on Saturday, July 20 with a game at home against Roath Park in the Cardiff Municipal League.

All the latest club results from Barrivale Bridge Club

RESULTS for the Barrivale Bridge Club on July 9 are as follow.

First, Noelle Bond and Jenny Vaughan 62.70 per cent. Second, Peter Millar and Jane Brook 62.50 per cent, third Mike Close and Tim Barsby 60.30 per cent.

The handicap winners were Hilary Morgan and Debbie Dawkins;

handicap winners of the mixed pairs on June 25 were Sean MacDougall and Hilary Morgan.

As always, new members at the club are always welcomed and a partner may be arranged, if required. If you would like to join us call any of the following numbers: 01446 418380 or 01446 733425 or 01446 735592 or call at the Pioneer Hall, Beryl waterfront).

First league win for bowls team

ON Saturday, Llantwit celebrated their first league win when they defeated visitors Senghenydd, who were second in the division.

It was a resounding win, taking 13 points of a possible 14 in a 88-64 shot win.

Steve Booker's rink had a flying start, scoring eight without reply after four ends. They continued to dominate, winning

14 of the 21 ends to win by nine shots.

Charles Hiscock's rink had a closer tussle, being two ahead after 12 ends, before a score of five against them put them on in arrears Llantwit then took the next five ends to be seven shots up. Despite losing the final two ends, Llantwit won by four shots.

Graham Jones's rink had only three against them due to illness, but the opposition held their own for threequarters of the match and were

five up on the 15th end. Llantwit then took control, winning the final six ends, scoring 16 shots in the process to win by 11.

Graham Merchant's rink were four shots down after six ends. Llantwit won the next four ends to lead by three up and stayed ahead until the final end, when the opposition scored two shots to draw the match.

Rink scores: S Booker, 25-19; C Hiscock, 19-15; G Jones, 26-15; G Merchant, 15-15.

NY.



Brighter Moves






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James passed peacefully on 15th July 2019 at Llandough Hospital, aged 87 years. Beloved father of Alan and Stephen, loved father-in-law of Kathryn and Sian. James will be sadly missed by his grand children and great-grand children.

James will always be loved and remembered by those whose life he touched.

Resting in the care of A.G. Adams Funeralcare until the service at 11am on Wednesday, 24th July at A.G. Adams Chapel of Rest, followed by interment at Merthyr Dyfan Cemetery, Barry. Family flowers only. Donations, if desired, to Alzheimer's Society Cymru.

JONES**Bryan Terrence**

Peacefully on 29th June, Bryan, devoted husband of Jennifer, loving father of Stephen and Howard. Father-in-law to Debbie and Helen. An adored grandpa to Gemma, Dafydd and Gareth, great grandpa of Tomos, Lowri and Rhys.

Much missed brother of Nicola.

'Always in our heart.'

Funeral to be held at Cardiff & Glamorgan Crematorium, Barry on Friday, 19th July at 12 noon. Family flowers only. Further enquiries to Lyndsay Ellis @ The Vale Funeral Service 01446 407962.

PREECE**Jeanette (née MacDonald)**

Tragically, taken too soon on Thursday, 4th July, much loved mother to Jordan, Kieran and Paige. Loving partner of Phil, dearly loved daughter of Eva and devoted sister.

Jeanette will be sadly missed by all her family and friends.

Resting at the Private Funeral Home of W. James & Sons, Ffnonon. Funeral Wednesday, 24th July, service 1.30pm at St Athan Church, followed by interment in St Athan Cemetery. Dress code optional.

CHEESEMAN**Frederick**

Passed very peacefully on 7th July with his family in the care of Milsom House St Athan. Fred was a much loved father, grandfather and great grandfather who will be missed by the many that knew him.

Funeral service at St Dochdwy's Church, Llandough, Cowbridge on Saturday, 27th July at 1pm, followed by interment.

Family flowers only. Donations to Velindre Hospital, Velindre Road, Whitchurch, Cardiff, CF14 2TL.

PASCOE**Gwyneth Veronica (née Harding)**

Peacefully in her sleep on 8th July at Llandough Hospital, Penarth, Gwyneth, aged 90 years, formerly of Gileston Road, St. Athan. Beloved wife of the late Bernard (Ginger). A dear sister of Nesta, Cliff, the late George, Stan, and Norah. A much loved aunt to all her nieces and nephews.

Funeral Friday, 26th July. Service and cremation at Coychurch Crematorium at 11am. Family flowers only. Donations in lieu may be made to the Alzheimer's Society c/o Mel & Ron Watkins Funeral Services, 2 Hilda House, The Square, Pencoe, Bridgend, CF35 5NP. Tel: 01656 860545.

WILLIAMS**Sylvia Louise**

Peacefully on 10th July at Llandough Hospital, Penarth, Sylvia, aged 81 years of Broadway, Cowbridge. Beloved wife of the late Trevor. Much loved mother of Anthony, Jeffrey, Stephen and David. Loving Nanny to Daniel, Clarissa and Sophie.

Sylvia will be sadly missed by all her family and friends.

Funeral Thursday, 25th July, service and cremation at Coychurch Crematorium at 12 noon. Family request something pink to be worn at the funeral. Flowers and enquiries to Mel & Ron Watkins Funeral Services, Pencoe. Tel: 01656 860545.

BEACH**David Calver**

A wonderful life came to a wonderful end as he passed away at home, aged 88 years. Husband to Joyce. Hugely missed by Nicola, Ben, Michelle, Jonathan, Lydia, Joseph, Samuel and Taliesin.

The family would like to thank everyone who knew him for their friendship.

EVANS**William Roger**

Peacefully in his sleep on 12th July at Brocastle Manor Care Home, Bridgend. Roger, aged 77 years of Peterston-super-Ely. Dearly loved husband of Viv, much loved father of Carl and Louise. Father-in-law to Carmel and the late Keith, loving Grandad of Rhys, Erin, Carys and Max. Roger will be greatly missed by all his family and friends.

Funeral Thursday, 25th July. Service at St. Peter's Church, Peterston-super-Ely at 2pm, followed by interment at churchyard.

Family flowers only. Donations in lieu, if desired, may be made to Cancer Research Wales c/o Mel & Ron Watkins Funeral Services, 2, Hilda House, The Square, Pencoe, Bridgend, CF35 5NP. Tel: 01656 860545.

SYMMONDS**Valerie Rosina**

Peacefully at Princess of Wales Hospital on 10th July, Val passed away, aged 77 years. Beloved wife to the late Alan, cherished mum to Amanda, Allen and Ifor and partners, loving Nanny-who who to Rhys.

She will be sadly missed by all her loving family and friends.

Resting at W.A. Brown Funeralcare, Llantwit Major until the service at St Illtud's Church, Llantwit Major, on Monday, 29th July at 2pm, with interment at Boverton Cemetery.

Family flowers only. Donations in Val's memory to Tenovus, Gleider House, Ty Glas Road, Cardiff, CF14 5BD.

In Memory

HASWELL**Monica**

Passed away 18th July 2015

'Silent thoughts of time together hold memories that will last forever.'
John and family

KENNEDY**Sarina**

17th July 2018, aged 54 years

*We never heard the angel that called your name,
No chance to say goodbye.
Now all we have are memories and broken hearts
that often cry.*

Lots of love,

Dad, Tania, Lee, Stacey and family xxx

WILLIAMS**Karl**

28 June 1974 - 19 July 2000

*19 years today but the pain does not go away.
Time does not heal the pain in our thoughts and our hearts.
Of every minute of every day, thoughts about you are very near, you are still loved and very dearly missed.*

*Lots of Love Mam, Dad, Kristian, Gemma,
Curtis & Lacey xxx*

Acknowledgements

POWELL**Eirlys Maureen**

Passed away peacefully in the early hours of 2nd July 2019 at the Princess of Wales Hospital, Bridgend. A private service took place at Coychurch Crematorium on 15th July 2019.

Husband Iori would like to thank everyone sincerely for their condolences during this period. Special thanks also to the Hospital Staff on Ward 6, and the Macmillan Nurses at Y Bwthyn Newydd, Bridgend. Greatly appreciated was information provided by both Father Craig Vaughan and the funeral director Richard Mustoe of Porthcawl Funeral Services.

WEIR**Philip David John (Oodle)**

Val Weir and Pauline send their heartfelt thanks for cards and letters of sympathy received on the sudden death of their dearly loved Philip.

They were quite overwhelmed by the number of lives he had touched, who attended his funeral service and donated £735 in his memory to Barry Dock RNLI.

Our thanks to Father Kevin for a beautiful service at All Saints Church and the commitment at the crematorium and to Lyndsay Ellis of The Vale Funeral Service for his compassion, kindness and consideration at this very sad time.

In Memory

ORCHARD**Craig**

19th July 1984

Happy Birthday in Heaven, Craig.

Today is always just as hard as any other on what would be your 35th birthday, but still special like you.

Our son, brother and uncle who cannot be replaced and is missed beyond measure every single day.



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or by post to 11, The Bulwark, Brecon, LD3 7AE.

Closing date for applications - Friday August 2nd, 2019



Pupils say goodbye to primary schools at special leaving service

Pupils from schools in the Vale who will move on to the Cowbridge Comprehensive next September said goodbye at a special leaving ceremony at Holy Cross Church, Cowbridge.

Each pupil received a personal book at the end of the service.

Photographs of the day were taken by local photographer *Mike Wilcock* (wilcock60@aol.com)



Peterston-super-Ely Primary School.



The Mayor of Cowbridge, Cllr Alec Trousdale, with the officiating clergy.



St David's Colwinston School.



Llanfair Primary School.



Llangan Primary School.



Llansannor Primary School.



Y Bont Faen Primary School.



St Nicholas Primary School.

£400,000 National Lottery funding for older workers in Wales

THE National Lottery Community Fund is investing more than £400,000 on a project to support older people to remain in or return to work in Wales.

Age Cymru, in partnership with Business in the Community (BITC) Cymru, has been awarded the grant for the

five-year Age at Work project which is raising awareness of an ageing workforce and supporting businesses in Wales to be more age inclusive. By supporting older people to remain in or return to work, the project is helping them to have enough income, stay connected and develop new skills. The project is urging

businesses in Wales to recruit, retain and retrain older workers. It is also offering resources, advice and support. It is encouraging employers in Wales to embrace an ageing workforce who may need to juggle caring responsibilities or health issues with their work. It aims to show that a multi-generational workforce offers many benefits.

Age Cymru and BITC Cymru's counterparts in Northern Ireland and Scotland are also delivering the project. Age Cymru's chief executive, Victoria Lloyd said: "We are all living for longer, which means that for many of us, we will also be working for a greater length of time. This presents both challenges and

opportunities for older workers and employers. "Our research shows that 50 per cent of the workforce in Wales are likely to work past the state pension age specifically to be able to afford their desired lifestyle in retirement."



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Cowbridge RFC Youth celebrate their great year



Left to right, Cameron Roy, Ioan Lewis, Evan Williams, Max Cunningham and Angus James with their caps.

COWBRIDGE Youth Rugby finished off their very successful 2018/19 season with a well attended presentation night.

The evening was made possible by the very generous sponsorship of Steve Williams. Local Welsh international, Lloyd Williams was on hand to make the evening even more special for the boys.

Like all good award evenings, it started with a surprise "live link up" with Tom Cunningham in New Zealand. Tom has been instrumental to the boys' success over the past couple of years, and wanted to be part of the special evening.

The boys play at the highest level of youth rugby in The Blues Region, The Premiership League. This year they finished third, their highest ever position.

They only lost two games out of nine in the league. The standard of rugby all season was excellent, and there were no easy games. Mountain Ash won the league, and represented the Blues in the champion of champions cup, which they duly won.

As a result of coming third in the Premiership, the boys gained entry into the Blues Premiership Trophy Tier One league. Again they did themselves proud by only losing two games.

Highlights of the season, were the away win with the last kick of the game to beat St Peters 15-14. We had a number of boys making their Youth debut and a couple playing out of position. St Peters simply had to beat us to win the league. The boys showed superb character and belief to produce a stunning away performance.

Another highlight was the fantastic team spirit demonstrated against Pontypridd at home in March. The team was depleted, down to only 14 boys on the morning of the game. Wingers played flanker, centres played number 8 and flankers ended up playing second row. Pontypridd had a number of Welsh under-18s in their team, but the boys delivered an outstanding team performance to win 27-16.

The season ended, with the team retaining the Blues Cup for the fourth consecutive year.

During the year, the youth have had a number of boys play representative rugby. Reuben Williams, Benji Williams and Jamie Howells have played for the Gloucester academy. Barny Langton-Cryer, Jake Thomas and Jack Dixon have played for the Blues under-18s.

Ioan Williams and Jake Thomas played for the Welsh Academics. Ioan Lewis and Max Cunningham have played for the Wales Sevens team, and finally, Jake Thomas has been selected for the Wales under-18s training squad this summer.

Overall another hugely successful youth season. Well done boys.

Lloyd then presented the awards for the season. The season's most Improved player was won by Jack Forsyth.

The winner of The David Stephen Parsons clubman of the year was awarded to Scott Jones.

The players voted for Jake Thomas as their player of the year, while the coaches awarded Ben Jones their player of the year.

Finally, this year the club awarded loyalty caps to the boys who have played for the club for over 10 years throughout minis rugby, junior rugby and youth rugby.

The seven youth team members who qualified for their caps were Jac Roberts, Max Lucas, Cameron Roy, Ioan Lewis, Max Cunningham, Angus James and Evan Williams. We wish the boys good luck as they enter senior rugby. Unfortunately Jac and Max were unable to attend the evening.

Report by Gerwyn Jones



Lloyd Williams presenting Jake Thomas with the Players' Player of The Year.



Lloyd Williams presenting Ben Jones with the Player of The Year trophy.



Scott Jones with The David Stephen Parsons clubman of the year trophy.

Great turnout for senior open at Wenvoe Castle Golf Club

THE Seniors Section at Wenvoe Castle were delighted that golfers from throughout south Wales and further afield showed solid support for the recent Seniors Open, with a huge entry of 134.

The players were rewarded with excellent weather and the championship course was fully prepared and the greens were an absolute delight to play receiving many compliments throughout the day.

The main competition

was an individual stableford and prizes available for the top three scores in three separate age groups.

Category A – 55 to 62 years, Category B 63 to 69 years and Category C – 70 years and over.

Additional prizes were for nearest the pin on the challenging 159 yards 9th hole and nearest the pin in two strokes on the finishing 376 yard 18th.

The latter was played out in full view of the busy patio in front of the club house and provided an interesting climax to the round.

The results were both

interesting and pleasing in that away players were quite successful against home players with some local knowledge.

However, the two top scores were posted by Wenvoe Castle members, with Alan Grant a clear leader with a superb 43 points and Murray David scoring an excellent 41 points.

Results:

Category A – 1st, 39 points – Mike Morley (Neath Golf Club);

2nd, 37 – Ray Sims (Llanwrnall); 3rd, 35 – Steve Daniels (Celtic Manor GC, on countback).

Category B – 1st, 38

– Jeff Emes (Wenvoe Castle GC) on countback from Martin Rhys (Radyr GC).

Third, with 37, was Martin Cook (Neath GC).

Category C – 1st, 43 – Alan Grant (Wenvoe Castle); 2nd 41, – Murray David (Wenvoe Castle); 3rd 39 – Robin White (Wenvoe Castle GC).

Nearest the pin – Tony Horton (Llanwrnall).

Nearest the pin on 18th – Gary Griffiths (Neath).

BJ

Vale trainers win at Ffos Las – On and off the turf with Brian Lee

VALE trainers David Brace, John Flint and Evan Williams all saddled winners at Ffos Las last Friday evening.

Brace took the opening Novices' Handicap with his recent winner *Pink Eyed Pedro*; John Flint won the Mares Handicap with *Khismet*, and Evan Williams took the closing Standard Open National Hunt Flat Race with *On The Quiet*.

Eight-year-old *Pink Eyed Pedro*, partnered by David Brace's grandson Connor Brace, won by

two-and-a-half lengths from *Blechnley Castle* and was returned the 7-4 favourite.

The long-odds-on *Khismet*, ridden by TJ O'Brien, won by four lengths from *Sue Be It*, and *On The Quiet*, a 9-4 chance ridden by Mr Williams's daughter Isabel Williams, came in with a well-timed run to beat *Malina Ocarina*.

The three miles handicap chase went to another Welsh trainer, Pembrokeshire's Peter Bowen. Ridden by Peter's son James Bowen, Dr Robin, a 5-1

chance, scored by two lengths from *Trigger Nichol* ridden by Sam Twiston-Davies.

At Stratford on Sunday, Aberthyn's Tim Vaughan took the handicap chase with his seven-year-old *Take Em Out* who was ridden by stable jockey Alan Johns from west Wales.

They won by three-and-a-half lengths from *Between-The-Waters* with *Robin Des People* back in third place. *Take Em Out* was a 9-1 chance.

Ebbw Vale's Dai Burchell, one of the

oldest trainers in Wales, won the 2-mile 1-furlong handicap chase with his 10-year-old *King Alfonso* who was ridden by Ben Jones, son of the legendary Welsh point-to-point rider Dai Jones, clerk of the course at Ffos Las.

In the Conditional Jockeys Handicap Hurdle, won by Dr Newland's *Black Anthem*, David Race's recent winner *Rasasee* beat the Tim Vaughan trained *Glimpse of Gold* for second place.

Rotary club organises local primary schools' football event

THE Pendoylan A team beat St Brides Major in the primary schools Seven a Side football competition at the all-weather pitch at Cowbridge Comprehensive School on July 12.

The event was organised by The Rotary Club of Cowbridge and five schools took part: Llangan, Pendoylan A and Pendoylan B, Peterson super Ely, and St Brides Major.

The preliminary stages involved all teams playing each other.

In the semi finals, Pendoylan A beat Peterson super Ely, and St Brides beat Pendoylan B.

The final was keenly

fought and it was a draw at full time.

It went to penalties, and it was again a draw after the first three.

It went to sudden death, and after three further penalties, the Pendoylan A team emerged as winners.

Both winners and runners up were awarded medals by the President of Cowbridge Rotary, Mr Peter Davies.

Cowbridge Rotary Club are grateful for the support of the Cowbridge Comprehensive School for the use of the pitch, Ysgol Y Bontfaen for the loan of the gazebos, and Waitrose Cowbridge and Tesco Cowbridge for the provision of bottled water.

HD

Vale Thirds notch impressive victory over promotion rivals

VALE Cricket Club Thirds played Llantwit Fardre Cricket Club Seconds away on July 13 and Llantwit Fardre CC elected to field.

In reply, Vale posted a competitive total of 190-7 on a difficult batting track. Club chairman Gareth Andrews shone with the bat, scoring a fine 76 before being bowled by Manish Vyas and, together with fellow opener Alun Morgan (30) got the Vale off to a great start.

No 3 Paul Sheppard scored 16 before being caught and No 4 Matt Lazarus (8) fell soon after, this time bowled.

Vale skipper Paul Gilbert hit a cameo 23 not out and the Vale finished their innings on 190-7.

Set 191 to win, Llantwit Fardre were contained early on with the exceptional bowling of young spinner Sam Sheppard, who finished with figures of 8-2-13-0.

Matt Lazarus at the other end provided the breakthroughs, claiming three top order wickets in his eight-over spell for 23 runs. Llantwit Fardre batsmen A Hornby (27) and Gareth Johns (41) threatened, but the pair were finally broken when Jack Reilly (6-0-17-3), who went on to clean bowl both S Thomas (2) and C Vyas (0), tempted Hornby with a drive that Matt Lazarus took at mid off, and Gilbert (4-0-19-1) bowled Johns.

Paul Sheppard (5-0-15-0) bowled well and but for some poor handling in the field, would have had due reward for his efforts. Kenny Thomas (5-0-21-0) and Rhys Owens (4-0-28-0) supported ably. Llantwit Fardre failed in their chase and ended on 141-7, and Vale overtake their hosts into the third promotion spot as a result.

PG



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Vale Cricket Club's Firsts and Seconds slip up – but they hold on to top spot in the league table

AFTER winning the toss, Vale Cricket Club captain McCay asked Barry to bat on their grassy track.

Openers Morgan (79) and Smith (101) put on 189 runs for the first wicket.

Quick and powerful runs were then added by N Baker (31) as well as his brother (and Barry skipper) A Baker (22no). This helped Barry push the first innings total to 278-6.

Despite Barry's clear dominance, Vale did have some highlights before tea, none though were more spectacular than Sean Rowland's catch on the boundary. Fielding at deep mid-wicket, the young and recent graduate leapt into the air to take an outrageous one-handed catch on the boundary to remove Barry's dangerous number 3, who was not the only one who expected the ball to sail over the rope.

It was truly a catch that World Cup winner

Ben Stokes would have been proud of.

Sean then followed his excellent catch in the deep with another as he raced in from the boundary to take a ball that kept dipping. His two excellent catches came as a result of hard work during Thursday night training sessions, where he practices religiously.

Not a lot can then be said for Vale's reply to Barry's excellent total. Few came away from the crease with any distinction.

One that did was captain Brendan McCay who batted patiently for his 36 but it was the 14-year-old Davies twins who impressed the most with their comfort and confidence at the crease.

Although both opening bowlers, Hellyar (25-2) and Smith (21-4), who had done the damage with their spells were not bowling, the teenagers showed excellent resilience

and gave everyone a

glimpse of their ability.

The Fine Wines Player of Match goes to Sean Rowlands for his outstanding fielding throughout the game. Vale remain top of the table but the gap is now reduced to 16 points.

Next week Vale entertain local rivals Tondur at their home ground in Corn town.

HW

Vale Seconds suffer first defeat of the season

VALE Seconds returned home after two weeks on the road to play Barry Seconds.

Having won the toss, Vale skipper Mark Francis elected to bat.

Vale lost an early wicket in the third over when Gareth Kelland shouldered arms – only to see his stumps disturbed.

Skipper Francis joined Mathew Gilbert and against some tight off Taylor at mid-off. After eight overs,

bowling made slow progress. These two built a 68-run partnership before Francis (32) was adjudged lbw in the 18th over.

Another quick wicket followed and then Oxford import Ian Clewley and Gilbert put on 76 before Gilbert was run out for a very well-made 75 with an array of good-looking cover drives.

Clewley, who could not find his usual timing made a very useful 41 before being bowled.

Vale were unable to find any real acceleration in the latter part of the innings and finished on 173-7 off their 40 overs.

They needed early wickets and Tom Lazarus and left arm spinner Tom Taylor obliged, as both took an early wicket and both bowled tightly. Lazarus took a catch off his own bowling and Greg Andrews took a fine running catch off Taylor at mid-off.

After eight overs,

Barry were 12-2 and under some pressure.

However, this was to be the last success Vale would taste as Mark Williams (80) and Nuwan Jay (73) put on a winning unbeaten partnership of 162 to reach their target in the 32nd over.

Vale didn't help themselves by dropping Williams twice and in a controversial incident Jay appeared to be caught low down at slip only for the umpires not to give the decision.

Taylor produced good figures of 8-3-22-1 and Lazarus 8-1-35-1.

This was Vale Seconds' first defeat of the season and despite it, they remain top of Division Seven with seven games to play.

The Bridgend Ford Vale Second XI man of the match was Matthew Gilbert for his fine innings.

HW
For a report on Vale Thirds, see page 33.

Cavaliers claim maximum points

FOR game 11 of the season the Cavaliers welcomed Drefach to Windmill.

Drefach, who had already beaten the Cavs at the beginning of the season, were sitting mid table after having won their last three games. Captain Gareth Toutt knew that if his team are to remain in contention at the top of the table, his team needed maximum points.

Toutt lost the toss and the Cavaliers were asked to bat on a slightly overcast afternoon.

The Cavs' opening pairing of Craig Thomas and Nigel Allison looked to bring a little sunshine to Windmill Lane and it was Thomas who started the better as he soon picked up the pace of the slow wicket and started to score runs in all areas of the ground. Unfortunately, after having scored 29, he chipped the ball to mid-wicket providing an easy catch.

Captain Toutt joined Allison at the crease and the two continued to build a solid score before Toutt was caught with the score on 89 for 2. This bought Gareth's brother Rob to the crease. Rob is the club's highest run maker this season and he was looking to forge ahead and ensure that an imposing target was set, and forge he did!

He hit an excellent 45 before being well caught on the boundary. During his spell at the crease the score had moved on to 167, with support from Sam Pickford and Shane Callard.

The Cavs were not finished, as Steve Collins and Iuan Williams continued the chase, resulting in a sizable target of 230. A great team performance with all making valuable contributions.

The Cavaliers knew that wickets were important and the opening pairing of Williams and Pickford applied pressure from their very first deliveries. In fact, Pickford claimed his first wicket with his first ball as he removed the Drefach no2 for a 'Golden Duck'.

In the seventh over, Williams clean bowled the No3. Three overs later Pickford took his second.

With the score on 52 for 3 the Cavs' captain elected for a double bowling change when he introduced Gurpreet Romana and Rob Toutt into the attack. Again, the two bowled well but it was not until the 21st over that the next wicket fell, and what a wicket! The batsman smashed the ball high into the blue sky over deep mid wicket. Iuan Williams set off at a frantic pace and with the ball dropping like a stone over his right shoulder, he flung himself full stretch and managed to hang on to the ball one-handed. The only disappointment was that there were no cameras there!

Romana picked up another wicket in his next over but the opposition were now looking to block out. Callard and Collins were introduced and their inviting looking bowling soon produced results, as both managed to take two wickets in two balls. Collins took his third, and Drefach's final, wicket in the 36th over for a 125-run win and maximum points.

Next week the Cavaliers welcome local rivals Cowbridge to Windmill Lane. Cowbridge had a disappointing start to the season, by their standards, but over the past few weeks they have produced some fine results.

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Five Vale Vipery join Welsh under-16 team for Albanian tournament



Five members of the local basketball team, the Vale Vipery, are in the Welsh under-16 basketball team at the European FIBA championships in Albania. The tournament started on Sunday, when the team beat Andorra. The Vale Vipery train in Barry and Cowbridge. A spokeswoman said: "The squad are very grateful to Dai James of Excel Power Construction and would like to thank him for sponsoring the team this year to make the trip possible." The five Vale Vipery (pictured left to right) are: Archie Parry-Jones; Kian Quest; Josh Brown; Adam Duncan; Sol Minty-Walker.

Table tennis tourney tests U3A talent

LAST month, Cowbridge U3A was represented by five mixed doubles teams from the table tennis group in the third U3A Welsh National Table Tennis Championship in Sophia Gardens, Cardiff.

There were 30 teams, from Bridgend, Cowbridge, Pembrokeshire, Porthmadog, Porthcawl, Ludlow, Malvern and this year a new U3A from Shipston in the Cotswolds.

The teams representing go to the other teams from

Cowbridge were Leslie Avery and Mike Parsons, Doug Fraser and Elaine Bevan, Les Hall and Jackie Campbell, Pat Smith and Colin Campbell and husband and wife team Pat and John Ryder.

The overall winner of the tournament was a team from Malvern but also coming away with their trophies were Colin Campbell and Pat Smith from Cowbridge U3A, who were winners of band 2.

Congratulations should also

Cowbridge U3A who each gave their respective opponents a run for their money, especially Pat and John Ryder, who came third in their band.

It was a very enjoyable day with a lot of camaraderie during the games and new friendships being formed, and it was nice to see supporters encouraging their teams.

Congratulations went to Philip Avery, competition organiser for making sure the tournament ran smoothly.

PS

St Mary's seniors grab their first win of the season with victory at Dinas Powys GC

ST Mary's Senior Section began their week when 34 of their number teed off in their annual pairs greensome competition, where, on each hole, the better of the drives is chosen and the two players then play alternate shots, repeating the process at each of the 18 holes.

Low scoring is to be expected in this

format and the ideal weather conditions made it a certainty.

Four pairings returned the excellent net score of 60, eight under the par for the course of 68.

When the mathematically exact combined handicaps were applied, instead of the usual rounding up, the win was awarded to the pairing of section captain, Dave Hughes, and his immediate predecessor Hugh Williams.

Runners up were

Wayne Newton and his partner, Paul Jordan.

Two days later, St Mary's seniors finally notched up their first away win of the season by romping home with five and a half of the eight available points against the seniors of Dinas Powys Golf Club.

The visitors managed to prevail despite finding many of the fairways cambered and the greens considerably faster than those on their home course.

The high point of the

day for Dinas Powys came on the par three 18th when one of their team holed in one. His initial delight was somewhat tempered, however, when he came to contemplate the expense of the traditional round of drinks for everyone at the next (19th) hole!

In their final outing of the week, Fred Evans, Ray Bland and Mike Tayler claimed victory in a team Texas Scramble.

NL

Barry players compete well at international championship

THE South Wales International took place over seven days, with 64 entries in the open section although sadly none from the Barry Chess Club.

Some ex-members, Bill Hewitt, Lee Davis, Matthew Parry and Sam Jukes did play. Of these, Matthew performed best, picking up five points from 9 games to finish in 21st place. Well above his ranking of 33.

In the challengers' section, there were only nine entrants. Peter Watkins and Ken Curry from the Barry Chess Club did take part. Peter was ranked fifth and Ken eighth.

Both did well. After 5 rounds Peter was in second place above Ken on tie break with 3.5 points. In the sixth and final round Ken found himself against Ryan Cheung.

A win for Ken could have earned him the title. It wasn't to be, however,

with Ryan winning to finish as champion. Ken finished in fifth place with three wins and a draw. Ken's performances included a win against Jeremy Jones and a draw with Bence Szakmany. He will have earned many rating points from these results. Peter took a draw in round 6 to finish with three wins, two draws and just a solitary loss to earn 4 points. He finished in third place on tie break.

The Barry Chess Club meets at 7:30pm each Monday at the West End Club, St Nicholas Road, Barry, CF62 6QY. New players are very welcome to just turn up on the night but if you contact one of the club members through the website, we can explain what is happening on the night you have in mind, and arrange for someone to greet you on your arrival. For more details visit our website at barrychessclub.yolasite.com.

Phil Jones

Barry Beavers are in form at Gwent swimming gala

ON July 6, the Barry Beavers Disabled Swimming Club travelled to Ebbw Vale to compete at the rescheduled Blaenau Gwent Otters Swimming Clubs Gala.

There were eight medals won on the day – a good effort as Barry had not taken a full team and some swimmers competed in events they don't normally tackle.

The team picked up two gold medals, two silvers and four bronzes.

The gold medal-winners were: Nicholas Cushman, men's 100m; jnr relay (Kiera Dyne, Jack Kemp, Callum Savory

and Ffion Jones).

Silver medal winners were: Holly Willis, girls 50m, and Ffion Jones, girls 100m.

Bronze winners were: Callum Savory, Boys 50m; Jen Thomson, ladies 50m; Jack Kemp, boys 100m; senior relay (Heather Williams, Kyle Siarak, Abby Finch and Nicholas Cushman).

The other team members on the day were as follows: Jamie King, Siabhon Watkins, Suzanne Haslam, Nadiene Dyne, Tom Burley, Gareth Lloyd and Aidan Thomson.

NC

Porthcawl Bridge Club latest news

THE latest results from Porthcawl Bridge Club are as follows:

Thursday, July 4. First – Rob Charlesworth and John Beard; second – Keith Davison and Tony Haworth.

Thursday, July 6. First – Dave Lea and Bill Turner; second – Tony Haworth and John Beard.

Thursday, July 11. First – Rob Charlesworth

and John Beard; second – Keith Davison and Tony Haworth.

The club meets twice a week – at the Awel-y-Mor centre on Thursdays (6.45pm to 9.45pm), and Saturdays (3.15pm to 6.15pm).

Visitors are welcome at any time. To contact the club, call secretary Trish on 01656 785794.

TH

July round-up at Wenvoe Castle



LONG summer evenings and very pleasant weather mean a great opportunity to play a lot of golf on a stunning course at Wenvoe Castle.

An unusual challenge is the harder ground – seeing the ball travelling much further but not always where intended!

The Seniors' section held their regular Stableford and Mike Froud's score of 35 points was enough to finish just ahead of Scott Werner on countback. Mike probably clinched his win with an exceptional eagle on the difficult 10th hole, a hole much changed by the recent removal of a large tree guarding the approach over the pond.

The Saturday Stableford had a huge entry and Gareth Vaughan took the honours with an excellent 40 points which included birdies on both the 10th and 11th holes.

Richard Bond had to settle for second place with 38, just one point ahead of Shaun Tobin.

On Sunday a medal competition was played in very warm conditions which Stephen Bottomer clearly enjoyed in posting the winning score of net 69. Countback had to be used and Roger Lane was unlucky to miss out, and finished runner-up with his excellent net 69.

The cavalry was just behind with Jack Walsh, Daniel Udry and Andy Evans all posting sub-par rounds of net 70.

Earlier in the week Sheila Morrow and Dee Lloyd qualified at Swansea Bay Golf Club to represent Wenvoe Castle in the Australian Spoons Final to be held at Cottrell Park in September.

On Saturday, the Ladies competed for the Margaret Moss Shield. Jane Lott (pictured above) opened her scoring with a tremendous birdie on the long par five first hole and this paved the way for her winning score of 36 points.

Karen Ball produced a solid round to end in second place with 35 and Sheila Morrow was third with a steady 34.

On Sunday the Ladies took part in the Daily Mail Foursomes Qualifier and the team of Karen Ball and Sheila Davies combined well to win with 33 points. Runners-up were Jane Lott and Lyn Williams with 29. Karen and Sheila will represent Wenvoe Castle in the finals to be held next year.

The members and visitors appreciate the considerable skill and effort by the greens staff to maintain the course in such superb condition.

This has been a major factor in attracting excellent reviews of the course. The club welcomes new members of all ages and abilities.

For more information, see www.wenvoecastle-golfclub.co.uk, or call the secretary Nicola Manning on 02920 594371.

BJ



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Tough road trip for Millwood BC

MILLWOOD visited Sully Sports for the Munro Cup meeting.

On Rink 2, Brian Crockford, Dave Bourne, Roger Wills, Kelvin Lewys got off to a strong start and after 10 ends, led 8-4 at which point the home rink started nibbling into the lead and the final end saw two shots to the home rink to square the match at 12 shots all.

On Rink 3 Brian Howcroft, Mickey Lucas, Paul Childs, Tony Cole had a game of nip and tuck with each rink taking a narrow lead over the other, so that after 16 ends, Millwood led 17-6. A single on the last two ends had the home side edge home 18-17.

Rink 4, Keith Davies, Alan Evans, Steve Sewell, Arthur Norris were slowly away and trailed 9 shots to 4 after eight ends. A strong revival had them leading 18 shots to 14 but five shots dropped on the last two ends gave the home side a one-shot win, 19-18.

Peter Taylor, Dave Lewis, Stan Hopkins and John Slee were shot for shot over the first 10 ends with the score level at 10 shots all, but 7 shots dropped on the next three ends gave the home rink the lead. They kept on to the end, winning by 23-13.

Overall victory went

to Sully, 72-60, taking 13 points to Millwood's one.

Cardiff League action on Saturday had Millwood travelling to Pontypridd to play Ynysangharad Park. On a tricky, fast green the visitors had difficulties from the off.

Rink 1 saw Keith Davies, Dave Bourne, Rob Browne and Brian Howcroft trail 8-7 after 10 ends, but a mid-session dropping of 7 shots allowed the home rink to ease home 23-4.

On Rink 2, Peter Taylor, Alan Evans, Tony Cole and John Slee led 6-2 after five ends, and by 17-13 after 17 ends; but 8 shots dropped on the last three gave the win to the home side 21-17.

On Rink 4, Brian Crockford, Nigel Tutton, Dave Woodfin and Kelvin Lewys struggled and were behind 20-10 after 14 ends; but a good comeback saw them level the scores, 21-all on the 20th end, but four to the home rink gave them a 25-21 win.

On Rink 4, Steve Sewell, Mickey Lucas, Derek Gorrington and Haydn Spencer never got to grips with the green and lost by 30-16.

It was an overall victory to the home side by 99 shots to 68 and all 14 points on offer. On a tricky green, a fair effort.

HB

Cadoxton bowlers enjoy their away win at Beddau

ON Wednesday, July 10, it was Cadoxton v Rhose, in the Munro Cup.

A trip to the fast, all-weather green at Rhose was too much of a change from their home, heavy green, for Cadoxton, and they were defeated on all rinks.

Don Kuhnell's rink did go close, they led throughout until a '3' on the last end put the home side one shot in front for the first and most important time.

Derek Jeffries shared the first eight ends, winning four each, on his rink.

But the scores were much further apart 5-17. A slight recovery brought a '3' and '4', but the home side continued with the pressure with more counts to increase their supremacy.

Ian Heppenstall's rink did not score during the first 5 ends.

Two singles stopped the bad run, but they trailed 13-2 after 10 ends. At this stage they found the pace and scored in five of the remaining ends, but not enough for a win.

The rink skipped by Howard Craven, suffered a similar fate.

The score was 2-10 against after 8 ends. Their score reached

seven after 12 ends, but there was no further advancement for the remainder of the game.

Results: E Heppenstall, A Prince, W Craven, H Craven 7-28 B Shears, R Boardman, S Downes, P Williams; E Davies, M Curtis, K Davies, D Kuhnell 17-18 C Dance, G Williams, L Wilmot, N Parry; A Ralphs, J Papoutsou, M Hurley, D Jeffries 18-29 R Bermans, M Banks, D Kendal, G Lages; J Stacey, D Jenkins, E Palmer, I Heppenstall 12-19 S Brewer, P Michael, M White, T Lages. Final score: 54-94.

Saturday, July 13: Cadoxton v Beddau CML5 - away

A MUCH more acceptable result came from Cadoxton's visit to Beddau, for a CML match.

In the early stages they struggled on a patchy brown and green surface, with difficulty to find the pace.

They were behind for the first five ends.

However, a '7' was scored on Kelvin Chedgoy's rink bringing the overall score level and it stayed all square until the 13th end, mainly due to a good run of success from the rink skipped

by Ian Heppenstall.

They scored 12 shots with just two against, during this period.

On the 15th end, Cadoxton took the lead for the first time and with all rinks getting used to the conditions they gradually pulled away to a convincing win.

Derek Jeffries skipped his rink to a comeback from 10 shots behind to just one with two ends left. Unfortunately, these were lost.

Kelvin Chedgoy had an outstanding game in a very close contest, saving or scoring shots throughout the game.

The score was tied on numerous occasions, but a good finish brought success.

Howard Craven's rink also made a late run, from four shots behind. Both these rinks finished strongly with wins on five of the last six ends.

Results: E Heppenstall, K Davies, W Craven, H Craven 21-18; D Sluman, J Papoutsou, J Davies, D Jeffries 16-22; G Solomon, E Davies, P Ellis, K Chedgoy 23-16; J Stacey, S Clarke, M Hurley, I Heppenstall 20-10. Final score: 80-66.

DK

Barry Romilly Bowls Club hosts 28-team triples tournament



ABOVE: The winning team from the Sully Sports Bowling Club, who beat Llantrisant in the final.

ON Sunday, July 7, the wonderful Barrybados weather welcomed 28 teams to Barry Romilly Bowling Club for the Invitational Triples Tournament.

This was sponsored by LCB Mechanical and Electrical Company and the sponsorship cheque was presented to the chairman by the company director Rhydian James.

Many of the matches were closely fought, and the Romilly side of Graham Cogbill, lead, Roger Jones no 2, and skip Brian Foscolo reached the semi-final, eventually beating the Llantwit side for third

position.

The final was between a team from Llantrisant and one from Sully Sports.

Llantrisant were playing for a hat trick of wins in this tournament but were beaten into first place by Sully Sports (Bob Matthews, lead, Lee Romans, no 2 and skip K Agniz).

The winning skip thanked Romilly for a wonderful day and complimented the club on the condition of the green.

The chairman of Romilly, Graham Cogbill, presented the prizes to the winners and runners-up. He thanked all the teams for taking part and gave a special mention to the ladies who worked in the kitchen throughout the

day, providing meals and teas and coffees for all the players and supporters. Special mention was made in relation to Carol Doyle and Mary Bloomfield who worked tirelessly all day at the barbecue, providing bacon rolls, hot dogs and burgers.

Club notices: The monthly 100 club draw was held at the club on June 29, the winner was Gill Clarke (ticket number 69), and runner-up Brian Foscolo, (ticket number 20).

Romilly Bowling Club would like to welcome new members, whether beginners or seasoned players. Contact the secretary Paul James at the club.

JWK

Barry and District Ladies' Skittles League round-up

THE recent winners in the Barry and District Skittles League are:

Champion of Champions: Sea View Gals; runners-up - Challengers.

Division 1 winners: Sea View Gals; runners-up - Baker's Dozen.

Division 2 winners: Challengers; runners-up - Breakaways.

Division 3 winners: Etcetera; runners-up - Vixens.

Division 4 winners: Livin on a Spare; runners-up - Boozey Birds.

Division 1 Roll points winners: Sea View Gals; Roll points runners-up - Baker's Dozen.

Division 2 Roll points winners: Challengers; Roll points runners-up

- Red Admiral.

Division 3 Roll points winners: Etcetera; Roll points runners-up - Vixens.

Division 4 Roll points winners: Livin on a Spare; Roll points runners-up - Boozey Birds.

Division 1 Top Scorer: Coppers, Sue Curtis.

Division 2 Top Scorer: Red Admiral, Sue Clements.

Division 3 Top Scorer: Hillbillies, Joy Lambeth.

Division 4 Odd Bods: Tania Ceriani.

Division 1 Highest Average: Space Finders, Denise Carter.

Division 2 Highest Average: Witchill Weebies, Nicola Hillbergs.

Division 3 Highest

Average: Livin on a Spare, Erene Overton.

Secretaries competition: 1st C Caffney; 2nd C Brown; 3rd C Knight.

Senior Citizen's Competition: 1st M Davies; 2nd L Burnett; 3rd E Azani.

Pairs competition winners: Hillbillies, G Moorcraft and M Brinkworth; runners-up - Witchill Weebies, M McKinney and D Bushen.

Semi Finalists: Little Devils, J Jones and C Bowsher; runners-up - Breakaways, V Martin and B Thurston.

HB

Brace for the Braces

DAVID Brace of the Dunraven Stud, Pyle teamed-up with his grandson Connor Brace and landed a 51-1 sparkling double at Worcester on Monday.

Connor, attached to Fergal O'Brien's Gloucestershire yard riding former Welsh point-to-pointer *Pink Eyed Pedro* won the novices' hurdle race by 10 lengths from the Fergal O'Brien trained *Lough Har*, a 3-1

chance.

He later took the closing handicap hurdle on 12-1 shot *Rasae*, which came home five lengths ahead of the Nicky Henderson-trained *Jen's Boy*.

Another former Welsh point-to-pointer, *ASockaStar*, was a 15 length winner of the handicap chase.

The 11-year-old, which is now trained by Chepstow's Milton Bradley, was ridden by Shane Quinlan.

Brian Lee

Do you have a sports story? sport@glamorgan-gem.co.uk

Win one, lose one, for Sully Sports bowlers

SULLY Sports Bowls Club hosted the Millwood in the Munro Cup.

It was a close game, with the Sports winning three rinks (two by a single shot) and drawing on the fourth rink for a 72-59 shot win and 13 points.

K Aguis' rink had a topsy turvy tussle with their opponents, with the scores tied on four occasions, until the final end.

Both sides played some great shots, but the Sports held sway, taking a single and a 18-17 win. Lee Romans' rink took a lead, but the visitors came back to lead after 10 ends, at which point

the home outfit hit form to run out 23-12 victors.

K Roman's rink trailed by 5 shots after only 3 ends, and with only 3 ends left, were still 4 shots behind, but took 5 shots to 1 to tie the scores at 12-12.

G Brown's rink raced into an early lead, and were 5 shots up after 8 ends, before Millwood hit back to take a 4 shot lead with 2 ends left.

The Sports then found something extra to score five and snatch a 19-18 victory.

On July 13, Sully Sports entertained Pentrych in the PGIs, and suffered a heavy defeat by 50-115, losing on all rinks.

K Aguis' rink got off to a flying start, winning 5 shots on the opening end, but sadly they could only muster another 5 throughout the match, including only 2 of the last 1 ends, and slipped to a 11-28 defeat.

K Romans' rink won 10 of the 21 ends, but went down 18-33.

C Coomber's rink were level after 4 ends, but went on to lose by 14-26.

L Romans' rink encountered some fine bowling by Pentrych, losing by 9-23.

MS